

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 3: "The only requirement for AA membership is a desire to stop drinking."

Message from our Pat T - District Committee Member

Greetings District 05,

I am enjoying the longer days and milder temperatures. I think the worst of winter is behind us. I am looking forward to attending the Delegates Workshop at St. Stevens Church in Wausau Saturday March 8 th . The agenda items and the background information are posted at https://area74.org/delegate/. Please review the information individually and with your group to provide feedback to the Delegate. Everyone is welcome at the workshop and GSR's are encouraged to attend.

The 2026 ECR and Area 74 Conference Committee is established. There are several important committees that need help. Information is available on the Area website regarding meeting times and login information. Please consider joining a committee to be of service and help put together a great event.

The Area Assembly will be held in Rhinelander April 12 th . The Area standing Committees will meet Friday April 11 th . I serve on the Area Corrections Committee and the Chat Committee, which is a sub-committee of the Area PI Committee. Again, serving on any of the Area Standing Committees are a good way to be of service.

The Area Conference will be held in Sturgeon Bay May16-18. District 22 is organizing the conference and is looking for financial support for the hospitality room during the weekend. Please feel free to reach out to me for more information.

I look forward to seeing you at our next District meeting Wednesday 3/12/25 6:45pm online or in-person.

Yours in service,

Pat T, DCM D05

Next District 05 of Area 74 Monthly GSR Meeting: Wednesday, March 12th @ 6:45PM

2nd Wednesday of each month. In-person and virtually.

Alano Club 12 2926 Pomona Drive Eau Claire, WI 54701

Zoom Meeting Id: 829 0126 1204 Password: district05

To learn about various agenda items and reports from Area 74, visit http://district05.org.



Grapevine Important Updates Here DISTRICT 05 THE VIEW NEWSLETTER

Send an email to: newsletter@district05.org to request a digital copy in your inbox each month.

AREA 74 NEWSLETTER SIGN UP

To sign up to receive a copy of the Area 74 Newsletter "Now and Then", please email nowandthen@area74.org

Member Share - Step 3 - Natalie H

Step 3 of Alcoholics Anonymous (AA) states, "Made a decision to turn our will and our lives over to the care of God, as we understood him."

The only time I ever intentionally ran a solid red light was racing to the hospital with a sick child struggling to breathe. I saw the light turn red in the middle of that dark night and made a split-second decision to look both ways (there were no other cars on the road at that hour) and smash the gas pedal to screech into the Emergency Department entrance. My husband was in the back seat with our asthmatic toddler forcing medicine into tiny lungs via an albuterol inhaler. He screamed at me to stop, but I barreled on through with every insecure instinct on fire. There was no sanity in that moment. Only fear and self-will. Safety be damned. I knew better.

I remember going through years of stress trying to manage our child's chronic asthma. It really wore me down because I tried to handle too much on my own. Not just our son's precarious health and constant care, but my own anxiety, fear, and overwhelm (especially with three other kids needing care of their own). I wish I had been in recovery then! I would have immersed myself in the first three steps of Alcoholics Anonymous with the help of my sponsor: admitting I was POWERLESS alone, believing a HIGHER POWER could restore me to sanity (minute by minute), and turning my LIFE and my WILL over to the care of God by asking for help.

Not unlike many people who turn to alcohol to escape life's problems, I began to rely on a glass of wine to help calm my nerves. However, unlike most people, I am alcoholic, so drinking never made my problems go away – it always made things worse. Eventually, I developed a drinking "solution" (which is way worse than a drinking "problem" that can be solved simply by cutting back or quitting drinking). My alcohol "solution" tricked me into thinking I could control the "worldly clamors" in my life via escape into a bottle. I started to abandon that sick child, my other children, my husband, and (eventually) myself. I became unreliable and a liability to others as my drinking progressed. The sick child who needed me for his very survival was in harm's way because of my complete incompetence. Self-will run riot was causing me to isolate instead of reach out for the help I desperately needed. Self-will (not wine) almost killed me.

When I first got to AA, I was fearful, confused, and more than a bit resentful. What had happened to my life? But a tiny spark of willingness allowed me to attend meetings and get a sponsor. Almost immediately, I started to feel a warmth melt the icy interior I had constructed through self-will and isolation. I remember the biggest shift between my old life and my new life occur when, on my knees in prayer across from my sponsor, I took my Third Step. I had known for a while that I NEEDED to let go of the malignant control that was ruining my life, but in that moment, I WANTED my Higher

Power to allow it to happen. I started to take new actions in my life. I attended meetings that showed me examples of sober living through fellowship and service. I worked all the steps with a sponsor who shared her experience, strength, and hope with me. I began to cultivate a relationship with God that allowed me to PAUSE when I was disturbed and uncertain (or too certain) and ask for the next right thought and action. I no longer took actions solely based on my questionable instincts, but rather, upon asking for discernment from God and help from others.

Thankfully, I made it into recovery and that asthmatic toddler is now a healthy, thriving adult. Quitting alcohol was only the first step in changing my life. I needed an entirely new way of living provided to me through AA's Twelve Step "spiritual solution." Step Three allowed me to move from bondage to freedom. It was not easy, but it required less suffering along the way. And, most importantly, now I can be of useful service to others who need my help. Step Three has given me the green light I need to enjoy peace of mind, contentment, and serenity.

District Events Calendar

Just click on an event to open the flyer for that event or visit the District 05 website for updated event listings: http://www.district05.org/calendar/

- Oct 3-5 2025 : Recovery on the River (preregistration open)
- Apr 5th 2025 : Eleva Step Group Annual Western WI Traveling Potluck
- Mar 8th, 9th 2025 : Club 12 Banquet

Motions and Background for April 12th Assembly

**An email was sent by Bill D including multiple attachments regarding the April 12th Assembly. If you would like those attachments, please contact Bill D at bdornaus11@yahoo.com or call 920-621-1258

"Several motions and background material that go with them. Will be Voted on at our April 12th assembly in Rhinelander Wisconsin, DCM,GSRS and other concern fellowship members please take these to your group and try and get a solid group consensus back to your GSR or to the N DCM so we can have smooth sailing to be assembled if you have any questions please contact me and you have my email which is bdornaus11@yahoo.com or call 920-621-1258."

Thank you for letting me be of service!
Bill Dornaus Area 74 Alt. Delegate/Chair

April 26, 2025 - Service Structure Workshop

Please save the date and consider attending the District 05 Sponsored Service Structure Workshop event (see attachment next page) to recruit and or share experiences in Corrections. Bring sponsees or anyone interested in learning more!

Hope to see you there,

Pam Stumm
District 05 AA Corrections Chair



75th GSC Agenda Items and background information

Greetings Servants of Area 74,

Agenda items and background information have begun to come in.

The items are posted on our area website, on the home page click on "Delegates Workshop Resources" https://area74.org/delegate/

I will notify you as additional items are posted.

List of Final Conference Agenda Items

- 1. Agenda
- 2. CPC
- 3. Corrections
- 4. Finance
- 5. Grapevine / La Vina
- 6. Archives

Nicholas Stabenow-Schneider A74/P74 Delegate

We would like to announce that the 2025 Spring Conference Registration is OPEN. I have attached a form you may print along with the link below.

2025 Spring Conference: Door County AA

Any questions regarding registration may be directed to Springconference2025@yahoo.com.

Hope to see you there!!!

Melissa P.
District 22 DCM
district22dcmwi@gmail.com
920-536-0848

Zoom ID: 829 0126 1204 PW: district05

Opening: Serenity Prayer – GSR'S Present (8 in person-6 online) - - Introductions, Housekeeping, Anniversaries,

speaking Engagements, Review of

Welcome: Membership Guidelines

Reports	Officers	
(3-5 minutes each) Note: Email reports	 DCM (Pat T) Attended the Area Committee Meeting on 1/18/25 	
to secretary prior to monthly GSR meetings	 New WI corrections chair Johni B 	
	 Encourage all members and chairs of committees at the district level to attend the Area monthly standing committee meetings. 	
	o Information on Area74.org and in Now and Then	
	o Alt-Secretary position open, please bring to your groups	
	o Delegate workshop 3/8/25 at St. Stevens Church in Wausau–Committees, no structured lunch, background info available on area74.org website (no hybrid)	
	o District 4 stopped contributions to Area and GSO (see attached)please share with your groups	

- o Archives considering a permanent location for materials at St. Anthony Center
- o Assembly in Rhinelander 4/11-4/12. Standing Committees and new GSR and DCM orientation will be on Friday night. Assembly will meet all day on Saturday.
- o Motions to consider during 4/12 assembly
 - Motion District 13; \$250 reimbursement to past Delegates to attend CDPP
 - Motion Sara P, Past delegate; Area 74 will not print Officers and Chair Members last names, addresses, and phone numbers in the Now and Then
- o Spring Conference 5/16-5/18 in Sturgeon Bay
 - Looking for groups to sponsor hospitality room
- o I am a member of the Area
 Corrections Committee and
 attended the monthly meeting.
 - We have begun to compile information within each District
- o I am on the Chat sub-committee of the PI Committee.
 - The Area website has tested a Chat button and has been live now for 2 months and is working well.

- If you want to be involved, let us know.
- o I will be attending the Delegates workshop
- Our next district meeting will be 3/12/25 6:45pm, at Club 12 and online.

Discussion:

Our special accessibility person Jim S is looking to pass the torch. Please bring back to your groups if anyone is interested in filling that roll on the district level

• Alt. DCM (Courtney R.)

o n/a

0

- Secretary (Joe S)
 - As always, remember to email reports before they are due that month
 - Area74.org under links has new group forms and group change forms that are fillable pdf's. Please email forms to me as well (jsargeant3@gmail.com), so I can update our list.

Motion to approve minutes—Pam seconded —Vote taken— 6- in person, and 6- online

Minutes Approved, GSR Passed

- Treasurer (Kaufua)
 - Detailed report circulated.
 - text or send to personal email if you want a reimbursement (in case district email is not working)
 - o kaufua_xiong@hotmail.com
 - o (715) 579-3350

Balances: Savings = \$613.31 Checking Actual = \$2,985.67

Motion to accept-Seconded:

Vote taken-7 in person, 5 online

GSR approved

Committees:

 Delegates workshop preparation (guidelines calls for March meeting), Pat proposes
 moving to February because Delegates Workshop is before our March GSR meeting, moving February reports to March

- Committee Chairs Update
- **Bring any concerns, questions, or opinions about any agenda items from your groups to the District, so we can give them to the Delegate before he goes to the conference in New York.

Discussion:

Brian: Can't stress how important it is for GSR's to express our concerns or questions of our groups to the next level up.

Max: Like Brian said, it's our job to communicate to our groups so there isn't any surprises or "gotchya's" **Pat**: The General Service Conference: what a GSR does, What a DCM does, What an area chair does. There's all kinds of resources out there, and we need to get involved to know how to have our voices heard. The answers are all in the book on how to fulfill our roles. It seems tedious and boring but what I realize is that it is how AA works. **Taylor**: Should be mentioned in a practical nature as a GSR. Good sobriety is built on good sponsorship. Pat: These are just preliminary agenda items. It's not complete. As a GSR, you can think about what committee you want to participate in and get more information about it and bring that information back to your groups. **Patti**: Attended workshop last year. It told us how and why these agenda items were there. How will I be able

	to access the background information on how these things got to this point? Pat: It will be available on the area74 website, and I will let you know when it is available. It is really important and plays a key role.	
Old Business:	Budget line item for workshops current \$2400	
	JIm: Its a district function and not a group function Megan: I brought it up to my group. hung up by discretionary funds being ambiguous. We want it to be more specific. Max: motioning to move line item up to alt-dcm budget: It seems most appropriate thing to do.	
	Max (GSR Flimsy Reed) motions: **Transfer the "workshops" line item in the district 05 budget to the alt dcm budget based on the fact that the alt dcm is also the district 05 workshop coordinator **Origin: District 05 Structure + Guidelines Committee Review Meeting	
	Seconded Discussion: Who decides how this money gets spent? the GSRs here? Pat: No. The Alt-DCM	

Randy: Who decides where this money goes? We co-hosted a potluck and requested money from the district and it was such a pain in the ass that I would never do it again. The district wasn't clear enough. Jim: Our group experience was the same. We couldn't spend it on anything.

Patti: Eleva group, previously we have had the potluck without the district. We bring the district in because it brings in more people. Group was appalled by "discretionary funds" because it was ambiguous.

Vote: in favor: 5 online, 7 in person

opposed: 1 in person

*Minority opinion:

Brian: I fear this just opened up the budget to going to conferences and other things.

*No votes changed over minority opinion.

Motion Passes

- Committee to Review guidelines update (Max)
 - We met a couple weeks back at the library.
 - Accomplished: finance sections, address duplications, planning to have a draft for this group in the April time frame
- 2026 ECR and Area 74 Conference organizational meeting 1/8/25 4:45 pm
 - Please encourage groups that have anyone who wants to be of service
- Send Contact Info to:

secretary@district05.org (or jsargeant3@gmail.com) and dcm@district05.org

 Do we want to have a meeting starter (steps, traditions, concepts, etc...)

New Business:	Budget line item "discretionary" Moving current "Workshop" line item to Alt-DCM budget District 04 ceasing contributions to Area 74 and GSO Please review that with your groups. We will discuss it next meeting	
	GSR's WICYPAA CVIG Recovery on the River	
Open Mic (2mins)		

Next Meeting: Wednesday, March 12th @ 6:45PM-

Reports Due:

Corrections, P.I., CPC, Treatment, and Special Accessibilities

Closing: Responsibility Statement

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

Treasurer's Report:

Click the images to view:

FEBRUARY 2025 REPORT

Beginning Bala	nce			
CHECKINGS			\$6,214.79	
026 ECR			\$3,000.00	
CTUAL		\$3,21		
SAVINGS			\$613.10	
OUTGOING				
12/18/2024	Corrections: Convention	\$	26.45	
12/27/2024	Administration: SNA Internet Usage*	\$	60.00	
12/27/2024	Administration: Club 12 Rent - 1st Quarter	\$	60.00	
12/27/2024	Treatment:Club 12 Rent - 1st Quarter	\$	30.00	
1/8/2025	Administration: ECR Organizational Meeting	\$	60.00	
1/16/2025	Administration: Zoom Account	\$	16.87	
1/22/2025	CPC: Workbooks	\$	35.80	
NCOMING				

Ending Balance		
CHECKINGS		\$5,985.67
2026 ECR		\$3,000.00
ACTUAL		\$2,985.67
SAVINGS	0.21 INTEREST	\$613.31

*has not been cashed

2025 BUDGET	STARTING	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	REMAINING
ADMINISTRATION	\$1,100	\$ (196.87)												\$903.13
ALT. DOM	\$275													\$275.00
ARCHIVES	\$640													\$640.00
CORRECTIONS	\$1,700													\$1,700.00
CPC	\$250	\$ (35.80)												\$214.20
DOM	\$1,200													\$1,200.00
GRAPEVINE	\$180													\$180.00
LITERATURE	\$50													\$50.00
NEWSLETTER	\$25													\$25.00
PI	\$1,500													\$1,500.00
SPECIAL NEEDS	\$50													\$50.00
TREATMENT	\$1,200	\$ (30.00)												\$1,170.00
WEBSITE	\$563													\$563.00
WORKSHOP	\$2,400													\$2,400.00
SERVICE WORKSHOP	\$1,000													\$1,000

Area 74, Click the Link Below to get the February Now & Then

February 2025 N&T

Michell Z
Jeff C
Now & Then Co-Editors

Concept 3 – "To insure effective leadership, we should endow each element of A.A.—the <u>Conference</u>, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision.""



News and Notes from the General Service Office of A.A.®

www.aa.org

Your New Box 4-5-9 is Now Available!

Dear Reader,

The e-mail subscription that you registered for ensures that you will receive each new issue of **Box 4-5-9**, published four times a year with news from GSO New York.

Thank you for subscribing to GSO's Digital Delivery Service!

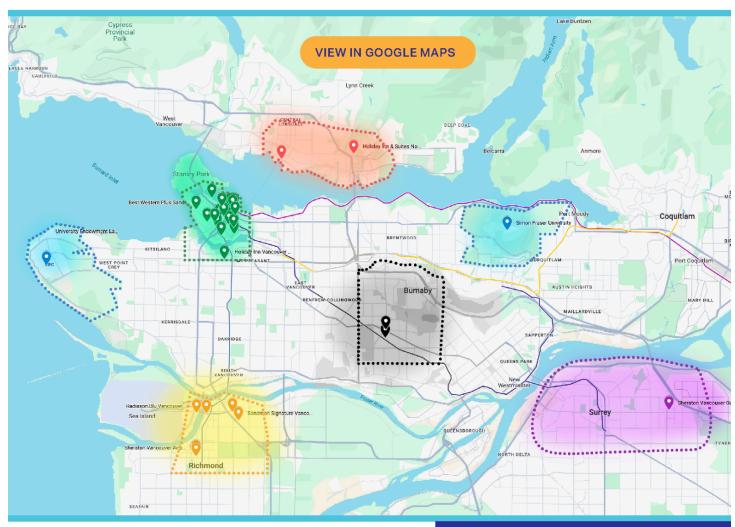
Click here for your current issue of **Box 4-5-9**.

Box 4-5-9 is also available in **Spanish** and **French**.



2025 INTERNATIONAL CONVENTION

Vancouver Housing







North Vancouver \$224-\$355 CAD



Surrey \$245 CAD

Dormitories \$71-\$191 CAD





DOWNLOAD HERE



	TRANSIT/WALK TIME	DIRECTIONS TO CONVENTION CENTRE
Best Western Plus	21 minutes	DIRECTIONS TO CONVENTION CENTRE
Century Plaza Hotel Vancouver	15 minutes	DIRECTIONS TO CONVENTION CENTRE
Coast Coal Harbour	8 minutes	DIRECTIONS TO CONVENTION CENTRE
Delta Hotels Vancouver Downtown Suites	13 minutes	DIRECTIONS TO CONVENTION CENTRE
Fairmont Hotel Vancouver	14 minutes	DIRECTIONS TO CONVENTION CENTRE
Fairmont Pacific Rim	3 minutes	DIRECTIONS TO CONVENTION CENTRE
Fairmont Waterfront	6 minutes	DIRECTIONS TO CONVENTION CENTRE
Georgian Court Hotel	18 minutes	DIRECTIONS TO CONVENTION CENTRE
Hilton Vancouver Downtown (formerly Westin Grand)	17 minutes	DIRECTIONS TO CONVENTION CENTRE
Holiday Inn & Suites Vancouver Downtown	19 minutes	DIRECTIONS TO CONVENTION CENTRE
Holiday Inn Vancouver Centre	24 minutes	DIRECTIONS TO CONVENTION CENTRE
Hyatt Regency Vancouver	10 minutes	DIRECTIONS TO CONVENTION CENTRE
JW Marriott Parq Vancouver	23 minutes	DIRECTIONS TO CONVENTION CENTRE
Metropolitan Hotel Vancouver	13 minutes	DIRECTIONS TO CONVENTION CENTRE
Opus Hotel Vancouver	15 minutes	DIRECTIONS TO CONVENTION CENTRE
Pan Pacific Vancouver	6 minutes	DIRECTIONS TO CONVENTION CENTRE
Pinnacle Hotel Harbourfront	6 minutes	DIRECTIONS TO CONVENTION CENTRE
Sandman Hotel Vancouver Downtown	16 minutes	DIRECTIONS TO CONVENTION CENTRE
Sandman Suites on Davie	19 minutes	DIRECTIONS TO CONVENTION CENTRE
Sheraton Vancouver Wall Centre	e 15 minutes	DIRECTIONS TO CONVENTION CENTRE
Sutton Place Hotel Vancouver	16 minutes	DIRECTIONS TO CONVENTION CENTRE
The DOUGLAS, Autograph	22 minutes	DIRECTIONS TO CONVENTION CENTRE
The Westin Bayshore Hotel	17 minutes	DIRECTIONS TO CONVENTION CENTRE
Vancouver Marriott Pinnacle Downtown Hotel	5 minutes	DIRECTIONS TO CONVENTION CENTRE
YWCA Hotel	17 minutes	DIRECTIONS TO CONVENTION CENTRE



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		TRANSIT/WALK TIME	DIRECTIONS TO CONVENTION CENTRE
	Element Vancouver Metrotown	37 minutes	DIRECTIONS TO CONVENTION CENTRE
	Holiday Inn Express Vancouver-Metrotown	31 minutes	DIRECTIONS TO CONVENTION CENTRE
9	North Vancouver \$224-\$355 CAD		
•		TRANSIT/WALKTIME	DIRECTIONS TO CONVENTION CENTRE
	Holiday Inn & Suites North Vancouver	47 minutes	DIRECTIONS TO CONVENTION CENTRE
	Pinnacle Hotel at the Pier	25 minutes	DIRECTIONS TO CONVENTION CENTRE
9	Richmond \$200-\$309 CAD		
		TRANSIT/WALKTIME	DIRECTIONS TO CONVENTION CENTRE
	Hilton Vancouver Airport	49 minutes	DIRECTIONS TO CONVENTION CENTRE
	Vancouver Airport Marriott Hote	l 46 minutes	DIRECTIONS TO CONVENTION CENTRE
	Radisson Blu Vancouver Airport Hotel & Marina (formerly Delta Vancouver Airport)	45 minutes	DIRECTIONS TO CONVENTION CENTRE
	Sandman Signature Vancouver Airport	49 minutes	DIRECTIONS TO CONVENTION CENTRE
	Sandman Vancouver Airport	49 minutes	DIRECTIONS TO CONVENTION CENTRE
	Sheraton Vancouver Airport	46 minutes	DIRECTIONS TO CONVENTION CENTRE
	Westin Wall Centre Vancouver Airport	42 minutes	DIRECTIONS TO CONVENTION CENTRE
9	Surrey \$245		
		TRANSIT/WALKTIME	DIRECTIONS TO CONVENTION CENTRE
	Sheraton Vancouver Guildford Hotel	1 hour 3 minutes	DIRECTIONS TO CONVENTION CENTRE
9	Dormitories \$71–\$191 CAD		
		TRANSIT/WALK TIME	DIRECTIONS TO CONVENTION CENTRE
	Simon Fraser University	1 hour	DIRECTIONS TO CONVENTION CENTRE
	University of British Columbia	41 minutes	DIRECTIONS TO CONVENTION CENTRE