



The District 05 View

MAY 2025

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 5: *"Each group has but one primary purpose – to carry the message to the alcoholic who still suffers."*

Message from our Pat T - District Committee Member

Hello District 5,

It is a busy time in and around the program. I have attended several groups discussing the Agenda Items for the 75 th GSC. The more I am exposed to the service structure, the more I learn. I have realized that with the spirit of rotation, it can be very challenging to fully understand the information in a short period of time. It has taken 6 years for me to grasp but a small portion of the process. My goal for my remaining time as District 05 DCM, I hope to help new GSR's and members of AA to understand more about service and pass on what I have been taught. Given the amount of information presented in limited time frames, it is a lot to take in. If you have questions, please reach out and I will do my best to help.

I am looking forward to the Eleve Step Group Traveling Potluck April 5 th . I will be attending the assembly on April 12 th . I will also be at the Area 74 Conference in Sturgeon Bay May 16 th -18 th .

The committees for the 2026 East Central Regional and Area 74 conference welcome volunteers. Feel free to reach out to me or Randy D for more information.

Yours in service

Pat T

DCM D05 of Area 74

Next District 05 of Area 74 Monthly GSR Meeting: Wednesday, April 9th @ 6:45PM

2nd Wednesday of each month. In-person and virtually.

Alano Club 12
2926 Pomona Drive
Eau Claire, WI 54701
Zoom Meeting Id: 829 0126 1204 Password: district05

To learn about various agenda items and reports from Area 74, visit <http://district05.org>.

DISTRICT 05 THE VIEW NEWSLETTER

Send an email to: newsletter@district05.org to request a digital copy in your inbox each month.

AREA 74 NEWSLETTER SIGN UP

To sign up to receive a copy of the Area 74 Newsletter "Now and Then", please email nowandthen@area74.org

Member Share - Step 5 - Michelle Z. ~ Eau Claire

Step Five "Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

When I first came into AA, this was a step I thought I would never do. Afterall, I wasn't even completely honest with any doctor or therapist about my drinking, so how could I be completely honest with another person about the character defects that led me to drink? It seemed impossible and frightening. Yet the Big Book tells us, "If we skip this vital step, we might not overcome drinking."

My journey through AA up until the point I did a thorough 4 th step was haphazard. Mostly, I followed the program my way. I went through periods when I didn't have a sponsor, I went to meetings only when I thought I "needed" one, didn't sponsor others, and didn't get involved in any service.

After 16 years "sober", I hit a bottom that was far worse than the one that brought me into AA – and I wasn't even drunk. It took me that long to jump into the program with both feet, get a sponsor, and start working the steps.

After spending a month of writing out Step 4 in little snatches of time every day, I hit a point where I was sick of myself, sick of my problems, and ready to admit them and do something about them. It was time for Step 5.

Even though I had known my sponsor for a while and felt comfortable with her, I was still nervous. There were a couple of things on my 4 th Step I had never told anyone. What would she think? But I trusted her not to blab my business and I knew she wanted to help me. I bit the bullet.

The spiritual awakening the program promises began to ramp up with Steps 4 and 5. I was learning to trust God to take care of me, regardless of the outcome. We met twice to do my 5 th Step, and both times we began with a prayer and had an empty chair with us to represent God's presence. I needed that visual reminder that God was watching over us as we faced my human failings.

The Big Book states, "...we usually find a solitary self-appraisal insufficient." That was the case for me with my first 5 th Step and has held true for other 5 th Steps that followed. It's too easy for me to rationalize or minimize or be flat out blind to the ways in which I'm causing my problems. Where, in all these matters was I selfish, dishonest, self-seeking and frightened? Did I gain anything from these character defects? What fears led me to act irrationally or dishonestly? "Why" was the question that came up time and again. When I discovered the answer, I felt humility and willingness to let God take the lead in my life.

But I didn't feel humiliated. I could admit my wrongdoings and could carry on with the rest of the steps.

Step 5 gave me freedom, peace of mind, and perspective. Don't skip it, don't skimp it. --Michelle Zaroni

District Events Calendar

Just click on an event to open the flyer for that event or visit the District 05 website for updated event listings: <http://www.district05.org/calendar/>

- Oct 3-5 2025 : Recovery on the River (preregistration open)
- May 16th-18th 2025 : Area 74 Spring Conference (Sturgeon Bay)
- May 5, 2025 : Anniversary Potluck & Speaker Meeting in Elk Mound (see flyer below)

We would like to announce that the 2025 Spring Conference Registration is OPEN. I have attached a form you may print along with the link below.

[2025 Spring Conference : Door County AA](#)

Any questions regarding registration may be directed to Springconference2025@yahoo.com.

Melissa P., District 22 DCM
district22dcmwi@gmail.com
920-536-0848

DELEGATE VIRTUAL OFFICE HOURS

Nicholas Stabenow-Schneider is inviting you to a scheduled Zoom meeting.

Topic: Delegate Virtual Office Hours

Time: Apr 14, 2025 06:00 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/84557993113?pwd=2tgss6n4eXRifdgaeQMqpvrBpoL2U4.1>

Meeting ID: 845 5799 3113, Passcode: Delegate

Friends of Bill W.

Elk Mound AA Group

Anniversary Pot-Luck *and*

Open Speaker Meeting

Anyone interested can come

Monday, May 5, 2025

**Speaker: Chuck B from Mondovi,
WI**

**Shepherd of the Hill Lutheran Church
207 University Street,
Elk Mound, WI**

Enter through front door and go downstairs

Basement is also accessible

- **Barbecues and drinks provided**
- **Bring a dish to pass**

Doors Open: 5:30 pm

Dinner: 6:00 pm

Speaker: 7:00 pm

More information:

Mark O. 715-495-3501

GSO Quarterly Report

Dear Friends,

Please click on your preferred language below to access the latest Quarterly Report from the General Service Office where you'll find recent activities of the General Service Board, A.A. World Services, Inc., and AA Grapevine, Inc.

ABOUT AA NEWSLETTER

Dear Reader,

About AA is the newsletter from the General Service Office of the U.S. and Canada for professionals in all fields who deal with alcoholics. This issue takes a look at "Common Myths and Misconceptions about Alcoholics Anonymous."

Thank you for subscribing to the G.S.O. Digital Delivery service!

Click here for the current issue of [About AA](#).

From: Bob W., GSO General Manager, and Chris C., Publisher AA Grapevine

Date: April 17, 2025

With the current and rapidly evolving international tariff situation, we wanted to let you know that we are closely monitoring it. We understand there may be concerns about any current or potential impact on pricing of AAWS and AA Grapevine literature and on GSO business operations in general.

Currently, there is no impact on our literature pricing or shipping costs nor on other business operations. However, as we are sure you are aware, this is a fluid situation, and conditions may change in the coming weeks and months.

We want you to know that we are continuing to work with our vendors to closely monitor the situation and get the most up-to-date information. We will keep you informed of any changes that will affect our literature pricing or significant cost increases.

Thank you so much for everything each of you do for Alcoholics Anonymous.

With gratitude,
GSO General Manager

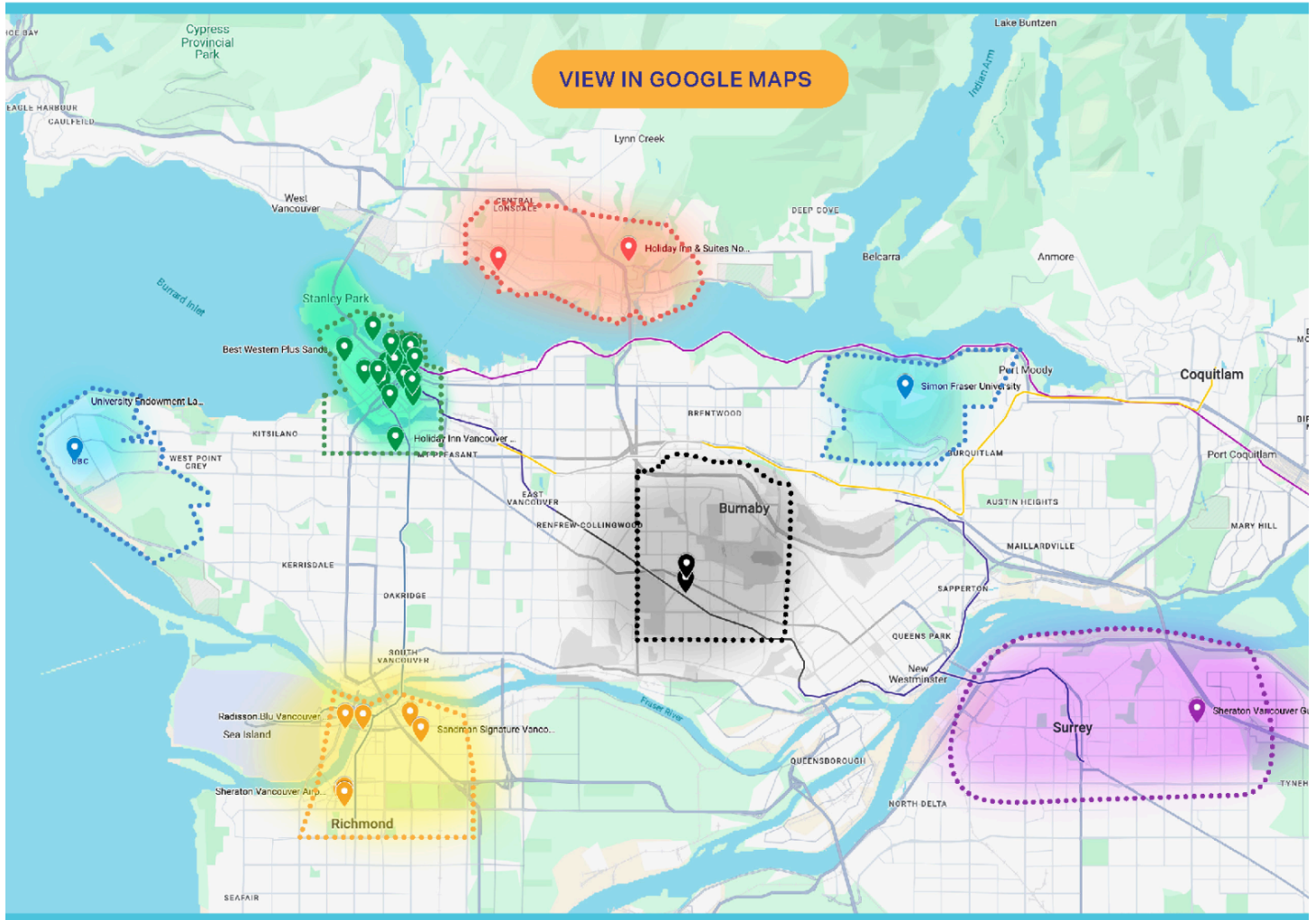
Publisher AA Grapevine

Concept 5 – “Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration. ”



2025 INTERNATIONAL CONVENTION

Vancouver Housing



Downtown Area
\$221–\$549 CAD



Burnaby
\$360–\$422 CAD



North Vancouver
\$224–\$355 CAD



Richmond
\$200–\$309 CAD

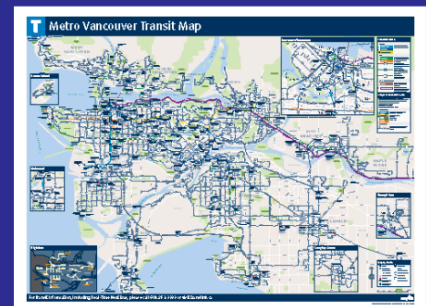


Surrey
\$245 CAD



Dormitories
\$71–\$191 CAD

Metro Vancouver Transit Map



[DOWNLOAD HERE](#)



Downtown Area

\$221–\$549 CAD

	TRANSIT/WALK TIME	DIRECTIONS TO CONVENTION CENTRE
Best Western Plus	21 minutes	DIRECTIONS TO CONVENTION CENTRE
Century Plaza Hotel Vancouver	15 minutes	DIRECTIONS TO CONVENTION CENTRE
Coast Coal Harbour	8 minutes	DIRECTIONS TO CONVENTION CENTRE
Delta Hotels Vancouver Downtown Suites	13 minutes	DIRECTIONS TO CONVENTION CENTRE
Fairmont Hotel Vancouver	14 minutes	DIRECTIONS TO CONVENTION CENTRE
Fairmont Pacific Rim	3 minutes	DIRECTIONS TO CONVENTION CENTRE
Fairmont Waterfront	6 minutes	DIRECTIONS TO CONVENTION CENTRE
Georgian Court Hotel	18 minutes	DIRECTIONS TO CONVENTION CENTRE
Hilton Vancouver Downtown (formerly Westin Grand)	17 minutes	DIRECTIONS TO CONVENTION CENTRE
Holiday Inn & Suites Vancouver Downtown	19 minutes	DIRECTIONS TO CONVENTION CENTRE
Holiday Inn Vancouver Centre	24 minutes	DIRECTIONS TO CONVENTION CENTRE
Hyatt Regency Vancouver	10 minutes	DIRECTIONS TO CONVENTION CENTRE
JW Marriott Parq Vancouver	23 minutes	DIRECTIONS TO CONVENTION CENTRE
Metropolitan Hotel Vancouver	13 minutes	DIRECTIONS TO CONVENTION CENTRE
Opus Hotel Vancouver	15 minutes	DIRECTIONS TO CONVENTION CENTRE
Pan Pacific Vancouver	6 minutes	DIRECTIONS TO CONVENTION CENTRE
Pinnacle Hotel Harbourfront	6 minutes	DIRECTIONS TO CONVENTION CENTRE
Sandman Hotel Vancouver Downtown	16 minutes	DIRECTIONS TO CONVENTION CENTRE
Sandman Suites on Davie	19 minutes	DIRECTIONS TO CONVENTION CENTRE
Sheraton Vancouver Wall Centre	15 minutes	DIRECTIONS TO CONVENTION CENTRE
Sutton Place Hotel Vancouver	16 minutes	DIRECTIONS TO CONVENTION CENTRE
The DOUGLAS, Autograph	22 minutes	DIRECTIONS TO CONVENTION CENTRE
The Westin Bayshore Hotel	17 minutes	DIRECTIONS TO CONVENTION CENTRE
Vancouver Marriott Pinnacle Downtown Hotel	5 minutes	DIRECTIONS TO CONVENTION CENTRE
YWCA Hotel	17 minutes	DIRECTIONS TO CONVENTION CENTRE



Burnaby

\$360–\$422 CAD

	TRANSIT/WALK TIME	DIRECTIONS TO CONVENTION CENTRE
Element Vancouver Metrotown	37 minutes	DIRECTIONS TO CONVENTION CENTRE
Holiday Inn Express Vancouver-Metrotown	31 minutes	DIRECTIONS TO CONVENTION CENTRE



North Vancouver

\$224–\$355 CAD

	TRANSIT/WALK TIME	DIRECTIONS TO CONVENTION CENTRE
Holiday Inn & Suites North Vancouver	47 minutes	DIRECTIONS TO CONVENTION CENTRE
Pinnacle Hotel at the Pier	25 minutes	DIRECTIONS TO CONVENTION CENTRE



Richmond

\$200–\$309 CAD

	TRANSIT/WALK TIME	DIRECTIONS TO CONVENTION CENTRE
Hilton Vancouver Airport	49 minutes	DIRECTIONS TO CONVENTION CENTRE
Vancouver Airport Marriott Hotel	46 minutes	DIRECTIONS TO CONVENTION CENTRE
Radisson Blu Vancouver Airport Hotel & Marina <i>(formerly Delta Vancouver Airport)</i>	45 minutes	DIRECTIONS TO CONVENTION CENTRE
Sandman Signature Vancouver Airport	49 minutes	DIRECTIONS TO CONVENTION CENTRE
Sandman Vancouver Airport	49 minutes	DIRECTIONS TO CONVENTION CENTRE
Sheraton Vancouver Airport	46 minutes	DIRECTIONS TO CONVENTION CENTRE
Westin Wall Centre Vancouver Airport	42 minutes	DIRECTIONS TO CONVENTION CENTRE



Surrey

\$245

	TRANSIT/WALK TIME	DIRECTIONS TO CONVENTION CENTRE
Sheraton Vancouver Guildford Hotel	1 hour 3 minutes	DIRECTIONS TO CONVENTION CENTRE



Dormitories

\$71–\$191 CAD

	TRANSIT/WALK TIME	DIRECTIONS TO CONVENTION CENTRE
Simon Fraser University	1 hour	DIRECTIONS TO CONVENTION CENTRE
University of British Columbia	41 minutes	DIRECTIONS TO CONVENTION CENTRE

District 05 GSR Meeting Minutes
Wednesday April 9th, 2025
6:45 p.m. – 8:45 p.m. (Zoom)

Zoom ID: 829 0126 1204
PW: district05

Opening: Serenity Prayer – GSR’S Present (8 in person- 4 online) - - Introductions, Housekeeping, Anniversaries, Speaking Engagements, Review of

Welcome: Membership Guidelines

<p>Reports (3-5 minutes each)</p> <p><i>Note: Email reports to secretary prior to monthly GSR meetings</i></p>	<p>Officers:</p> <p>DCM (Pat T)</p> <p>Attendance and Participation</p> <ul style="list-style-type: none">● I will attend the assembly on April 11th virtually.● I will attend the Spring Conference in May. <p>Expense Report</p> <ul style="list-style-type: none">● I purchased a printer and am submitting an expense of \$188.85. The printer will remain in the District Storage closet and be available for use at District meetings. <p>Concerns and Observations</p> <ul style="list-style-type: none">● I am personally frustrated with the resignations of the volunteers at GSO. I am not sure what is happening to force people to stop being of service, but it seems to be society creeping into our fellowship and making service work less appealing. It is for me. I think the primary purpose is being diminished. My fear is	
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	<p>that these conflicts are not helping the next suffering alcoholic.</p> <ul style="list-style-type: none">• Our next district meeting will be 5/14/25 6:45pm, at Club 12 and online. <p>Discussion:</p> <p>Alt. DCM (Courtney R.)</p> <p>**Confirm potlucks for 2025 calendar year.**</p> <ul style="list-style-type: none">• May–Freedom from Bondage• June–Gay Chatter• July–SNA July 13 panel intergroup• August–Back to Basics• September–There is a Solution Beginners (district sponsored)• October–OPEN• November–FLIMSY• December–OPEN <p>*Contact Courtney for any changes*</p> <ul style="list-style-type: none">• <p>Secretary (Joe S)</p> <ul style="list-style-type: none">• As always, remember to email reports before they are due<ul style="list-style-type: none">• Area74.org under links has new group forms and group change forms that are fillable pdf's. Please email forms to me as well (jsargeant3@gmail.com), so I can update our list. <p>—Motion to approve minutes—</p> <p>—Vote taken—</p> <p>8- in person, and 3 - online</p> <p>***Minutes Approved, GSR Passed***</p> <p>Treasurer (Kaufua)</p>	
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- Detailed report circulated.
- text or send to personal email if you want a reimbursement (in case district email is not working)
- kaufua_xiong@hotmail.com
- (715) 579-3350

Balances:

Savings = \$613.71

Checking Actual = \$3,324.59

Committees:

Corrections (Pam)

- All the books we bought are getting used! • I get texts from inmates in Eau Claire County for inquiries about AA now.
- Hand out passed around.
- 7 people interested in doing jail meetings • We need a spanish speaking AA member for Trempealeau County
- We need 2 more men in Alma (Buffalo County)

PI (Doug)

- We are busy.
 - In May, a mental health and recovery booth will be set up at YMCA downtown.
- Pamphlet made up for EC probation

office **CPC (Jim P)**

- Going to talk to Mike at Area to get a table at UW-Stout to talk to current and future AODA counselors about AA.
- Our regular meeting time is 6 PM on the 3rd Thursday of the month at Caribou Coffee on Stein and Clairemont

Treatment (Isaiah)

- Same meetings going on.
- Still working on bridging the gap.
- Holding steady with what we got.

	<p>Special Accessibilites (Jim S)</p> <ul style="list-style-type: none"> ● N/A–Looking to step down–position is open if you know anybody that wants to take it over 	
Old Business:	<ul style="list-style-type: none"> ● Committee to Review guidelines update (Max) <ul style="list-style-type: none"> ○ There is no new updates. ● Fill Special Accessibility spot, Area is also looking for an Alternate Secretary ● Send Contact information to Joe at jsargeant3@gmail.com or secretary@district05.org and Pat at dcm@district05.org ● 75th GSC Agenda Items available at https://area74.org/delegate/ 	
New Business:	<ul style="list-style-type: none"> ● District Color Printer/Copier <ul style="list-style-type: none"> ○ ● GSO resignations <ul style="list-style-type: none"> ○ All Q's to be directed towards Nicholas ● Chat button <ul style="list-style-type: none"> ○ ● Upcoming events <ul style="list-style-type: none"> ○ ● Reimbursements 	

	<ul style="list-style-type: none"> ○ clarification on giving receipts/invoices—email/texts is acceptable ○ not currently required by guidelines standard 	
	GSR's WICYPAA CVIG Recovery on the River	
Open Mic (2mins)		

Next Meeting: Wednesday, April 9th @ 6:45PM—

Reports Due:

Grapevine, Archives, Webmaster, Newsletter, Literature

Closing: Responsibility Statement

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

APRIL 2025 REPORT

Beginning Balance			
CHECKINGS			\$3,285.80
SAVINGS			\$613.50
OUTGOING			
12/27/2024	Administration: SNA Internet Usage (Jan-Mar)*	\$	60.00
2/18/2025	Grapevine: 3 Subscriptions	\$	108.00
3/14/2025	Corrections: Literature	\$	205.57
3/14/2025	Administration: Club 12 Rent Qtr 2 (April-June)	\$	60.00
3/14/2025	Treatment: Club 12 Rent Qtr 2 (April-June)	\$	30.00
3/14/2025	Administration: SNA Internet Usage (April-June)	\$	60.00
3/16/2025	Administration: Zoom Account	\$	16.87
3/20/2025	Corrections: PLBB	\$	206.80
4/1/2025	Service Workshop: Rent	\$	150.00
4/5/2025	Alt. DCM: Eleva Potluck Service Workshop	\$	13.97
INCOMING			
4/8/2025		103113 \$	40.00
4/8/2025		\$	50.00
4/8/2025		177435 \$	800.00
Ending Balance			
CHECKINGS			\$3,324.59
SAVINGS		0.21 INTEREST	\$613.71

*has not been cashed

