



The District 05 View

JULY 2025

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 7: "Every A.A. group ought to be fully self-supporting, declining outside contributions."

Message from our Pat T - District Committee Member

Hello District 05,

It has been a busy, but good summer! Work, personally, and program wise, my life is full. I have so much to be grateful for. No matter what challenges have been presented, because of the tools I have picked up in AA, I am able to face with dignity and integrity.

The AA International Convention is just days away! I am envious of people attending in person. I am going to register for the Virtual Sessions. I have yet to figure that out, but I know it is possible. I hope I am not too late! Again, I encourage all to think about becoming involved in AA service at the Group, District or Area level. Elections at Area and District will be held in the fall. It has been a tremendous spiritual growth opportunity for me. I have been able to give back a small part of what has so freely been given to me. Please consider taking on these vital roles to ensure the next suffering alcoholics have the opportunity we have all been given.

Thank you for letting me be of service!

Pat T, DCM D05

Next District 05 of Area 74 Monthly GSR Meeting: Wednesday, July 9th @ 6:45PM

2nd Wednesday of each month. In-person and virtually.

Alano Club 12
2926 Pomona Drive
Eau Claire, WI 54701
Zoom Meeting Id: 829 0126 1204 Password: district05

To learn about various agenda items and reports from Area 74, visit <http://district05.org>.

DISTRICT 05 THE VIEW NEWSLETTER

Send an email to: newsletter@district05.org to request a digital copy in your inbox each month.

AREA 74 NEWSLETTER SIGN UP

To sign up to receive a copy of the Area 74 Newsletter "Now and Then", please email nowandthen@area74.org

Member Share - Step 7 - Bria R. ~ Eau Claire

Most of us, when we've completed Step 5, have pushed back from the table with a well-deserved sigh of relief. Thank goodness, we think, our hard work is done. We usually have some time in sobriety by that point, our minds are clearing, and a small measure of well-deserved stability is returning to our lives. We are suffering less. We have made a beginning, but taking a one-time inventory is a very small task compared with changing how we move through the world each day. In the first 5 steps, we spent a significant time looking backwards, but in Steps 6-12, we start walking forwards into a new life.

I've broken Step 7 down word by word below:

Humbly- Humility is the foundation of this step. Like many of us, I had spent my entire life vacillating between self-loathing and smug superiority. When I was filled with shame, self-hate and fear, I couldn't face my character defects. When I was filled with pride, I didn't think I needed to. I had to find some way to become right sized. For me, this happened when I began to see myself as one of God's many children, including the plants and animals on this planet, each loved equally by a benevolent Creator. When I can connect with this love, I find my small special place in the Universe. I belong.

Asked Him-The days when I ask for God's help go a lot better than the days when I demand the Universe to bend to my will. I can't see the big picture, only God can.

To Remove- Many of my character defects seemed to help me when I was running my own show. Lying got me out of trouble. Self-pity comforted me, telling me none of my problems were my fault. Grandiosity helped me feel less low. Anger helped me defend myself. Selfishness ensured that my needs were met. Stewing about all the ways I'd been wronged conveniently kept me too busy to face the wreckage of my life. Letting go of these things was difficult. How would I get my needs met? I hope you will be able to let go of your cons and defenses faster than I was able to! I had to practice new behaviors, like being rigorously honest, over and over until they became habit. It took a lot of sober time before I was able to face some of my ugliest defects. It got easier when the folks in AA taught me to laugh at myself and all the idiotic things I've done.

Our- We're in this journey together.

Shortcomings- No matter how much sobriety I have, my character defects still creep in. I'm not immune. I still have bouts of selfishness, resentment, petty jealousies, insecurity, anger, complaining, shame, and self-pity. And a hundred forms of fear – anxiety, worry, panic, and hypervigilance -can steal my serenity. But working the 7 th step is the best way to put distance between my old life and my new life. It's given me the chance to become the person I always wanted to be. Letting go of those no-longer-useful traits made room for a new me!

District Events Calendar

Just click on an event to open the flyer for that event or visit the District 05 website for updated event listings: <http://www.district05.org/calendar/>

- Oct 3-5 2025 : Recovery on the River (preregistration open)
 - Oct 3-5 2025 : Recovery on the River (Eau Claire)
 - Sep 7th 2025 : Chippewa Valley Intergroup Picnic (Eau Claire)
 - July 12th 2025 : Saturday Night Alive Western WI Traveling Potluck (Eau Claire)
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ABOUT AA NEWSLETTER

About AA is the newsletter from the General Service Office of the U.S. and Canada for professionals in all fields who deal with alcoholics. This issue takes a look at A.A.'s "Singleness of Purpose". Thank you for subscribing to the G.S.O. Digital Delivery service! Click here for the current issue of [About AA](#).

Concept 7 – "The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness."

**District 05 GSR Meeting Minutes
Wednesday June 11th, 2025
6:45 p.m. – 8:15 p.m. (Zoom)**

Zoom ID: 829 0126 1204
PW: district05

**Opening: Serenity Prayer – GSR'S Present (7 in person-- 3 online) - - Welcome: Introductions,
Housekeeping, New to District**

Reports

(3-5 minutes each)

*Note: Email reports
to secretary prior to
monthly GSR meetings*

Officers:**DCM (Pat T)**

- I attended the Area 74 Conference in Sturgeon Bay. I am submitting a reimbursement request for \$85.00 for registration and banquet, \$112.82 for room and \$25 for gas. Total, \$222.82.
- I am planning to visit more meetings in the district for the remainder of my term. I hope to expand our e-mail list to reach a wider number of people in the district on a regular basis. Also, if you know of any online meetings in your area please check the meeting guide app for accuracy and if you see meetings that are no longer active, please notify the Webmaster at District 05 website.
- I am planning on attending the regional forum in Indianapolis in August.

- I am considering what my next service commitments will be. I encourage you to consider Group, District or Area service as well. Elections will be in the fall for District and Area. Now is the time to start planning, so there are vibrant elections. Service has encouraged tremendous growth in my program. I am incredibly grateful for these opportunities.

- Thanks for letting me be of service!

- Our next district meeting will be 7/09/25 6:45pm, at Club 12 and online.

Discussion:

Alt. DCM (Courtney R.)

****Confirm potlucks for 2025 calendar year.****

- June–Gay Chatter
- July–SNA July 13 panel intergroup
- August–Back to Basics
- September–There is a Solution Beginners (district sponsored)
- October–OPEN
- November–FLIMSY
- December–OPEN

- In May I attended the potluck hosted by freedom from bondage. It was their first time hosting the western wisconsin traveling potluck, and it turned out great! Almost 70 people were in attendance. They decided to book the month of May for 2026

- This month we have gay chatter followed by SNA in July and back to basics in August.

Looks like a great summer set up for traveling potluck.

- As always, reach out to me with any questions, or if your group has not yet hosted one and would like to, I can help you get started. Thank you!

Secretary (Joe S)

- As always, remember to email reports before the next meeting
- Area74.org under links has new group forms and group change forms that are fillable pdf's. Please email forms to me as well (secretary@district05.org), so I can update our list.

—Motion to approve minutes—

—Seconded—

—Vote taken—

7-in person, and 3-online

*****Minutes Approved, GSR Passed*****

Treasurer (Kaufua)

- Detailed report circulated.
- text or send an email if you want a reimbursement
- treasurer@district05.org
- (715) 579-3350

Balances:

Savings = \$614.12

Checking = \$2,027.97

—Motion to approve report—

—Seconded—

—Vote taken—

7-in person, and 3-online

*****Treasurer's Report Approved, GSR Passed*****

Committees:

Corrections (Pam)

- Books ordered and going to various places in need.
- Kiosk in EC county where inmates can message someone from AA (me). Happy to report it is still working
- What other kiosks and how can we get on them? Asking other contacts
- I continue to check the PO box weekly for the pre-release forms. Not a great turn out so far. • Checked in with Pierce County. They have been going in for 2 years now. They do not have a kiosk like EC does.

P.I. (Doug)

- We've been busy! We're in the process of reaching out to all the libraries in our district from Eau Claire, to Trempealeau and over to River Falls. They've been very receptive, and we've had a lot of interest in providing material to them. The sign up sheet for working the AA booth at the Northern Wisconsin

State Fair which is now open! It's going from July 9th until July 13th. If you or anyone you know would like to volunteer, please reach out to me directly at 970-688-9449. Passes are available to those who would like them, so don't let finances stop you from being of service.

CPC (Jim P)

- Our regular meeting time is 6 PM on the 3rd Thursday of the month at Caribou Coffee on Stein and Clairemont

	<ul style="list-style-type: none"> ● We helped set-up and staff an Area CPC booth at UW Stout for the National Rural Institute on Alcohol, Drugs, and Addition - this week! ● We will be staffing a table for the Eau Claire County DHS “free resource fair” on June 18th at CVTC from 1-3 PM ● Our member Terri N participated in the panel at the D05 Service workshop back in April. <p>Delegate GSC Report (Nicholas)</p> <ul style="list-style-type: none"> ● The what and why of the delegate's position. ● The conference in a nutshell. Time of it and how its organized and a summary of typical days for the week. ● Refer to the Advisory Actions of the 75th general service conference. It is the group conscience. We take these advisory actions and bring them to life. ● Explanation of different advisory actions along with robust and engaging discussions.
Old Business:	

	<ul style="list-style-type: none"> ● Committee to Review guidelines update (Max) <ul style="list-style-type: none"> ○ no updates ● Fill Special Accessibility and Literature <ul style="list-style-type: none"> ○ Follow up with current chair for resignation ● Contact information to secretary@district05.org and dcm@district05.org ● Volunteers for Area Chat <ul style="list-style-type: none"> ○
New Business:	<ul style="list-style-type: none"> ● Upcoming events <ul style="list-style-type: none"> ○ Gay Chatter in June—flyers on website ● Report incorrect information on meeting guide app to Webmaster

	WICYPAA: CVIG: Recovery on the River: First Weekend in Oct (3rd-5th)
Open Mic (2mins)	

Next Meeting: Wednesday, July 9th @ 6:45PM—

Reports Due: N/A

GSR Sharing Session—Open Forum

Closing: Responsibility Statement

“I am responsible. When anyone, anywhere, reaches out for help,
I want the hand of AA always to be there. And for that: I am responsible.”