



The District 05 View AUGUST 2025

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 8: "Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers."

Message from our Pat T - District Committee Member

Greetings District 05,

By the grace of God and the power of this fellowship, I have not had a drink for 13,303 days, one day at time.

You would think after that amount of time, I would be well. The reality is, I still only have today. What I choose to do with the day will determine the level of my emotional sobriety or just being free from alcohol. I have learned spiritual tools that can provide all I need to have a wonderful day, or I can set them aside and have a bad day. I make distinct choices regularly.

Some of the things that help me have a better day: prayer and meditation, gratitude, service, patience, tolerance, acceptance, God's will, faith and love.

Some of the things that cause a bad day: resentment, fear, procrastination, impatience, expectations, judgement and in general, my will. The ongoing practice of this program increases the chances of success today.

Thank you for giving me the opportunity to be of service!

Pat T

DCM, D05

Next District 05 of Area 74 Monthly GSR Meeting: Wednesday, August 13th @ 6:45PM

2nd Wednesday of each month. In-person and virtually.

Alano Club 12
2926 Pomona Drive
Eau Claire, WI 54701
Zoom Meeting Id: 829 0126 1204 Password: district05

To learn about various agenda items and reports from Area 74, visit <http://district05.org>.

DISTRICT 05 THE VIEW NEWSLETTER

Send an email to: newsletter@district05.org to request a digital copy in your inbox each month.

Click the link below to access the Area 74 newsletter.

[AUGUST 2025 N&T](#)

Hope to see you all at the Area 74 Fall Election Assembly!!

Michelle Z & Jeff C ~ Now & Then Co-Editors

AREA 74 NEWSLETTER SIGN UP — To sign up to receive a copy of the Area 74 Newsletter

"Now and Then", please email nowandthen@area74.org

Member Share - Step 8 - Ben A. ~ Altoona

Made my list and became willing to make amends to them all. Well, when most of your most abhorrent behavior has been during blackouts how do you really begin? The truth of my behavior has come out in step 4 and 5. My participation in all of my resentments identified. In my early 20's I was very angry. I felt as if the world was unfair. I was unable to accept my part in any of my problems and in my blacking out drinking behavior I found myself committing vandalism. It was not infrequent that I would get kicked out of a bar then wander.

In my wandering I would destroy the world around me. So when you have years 18-25 that go down this way who do I make amends to? What do I write down? An entire city? Maybe if in my hazy recollection I remember a particular street?

I was told to focus on actual people and we work on the larger problems through living amends in step 9. When I'm nervous my reaction to any social situation is to cut people down. The easiest people to cut down are those I know. Insulting people has always been easy for me. So my step 8 list is essentially anyone who has ever allowed me to get to know them. All of my friends from high school, college, partners, and living situations. So, with most of these people the ledger swings my way with more damage caused by me.

Now we get to my family. I thought my father was just irredeemable until working my 4th step. He did the best he could and was always there. He was unkind and I was difficult. Now when it comes to my cousins and my aunt— who I spent almost as much time with as my own sister. These folks have wronged me. Being willing to make amends to them took some questioning. These amends though outwardly look to be about clearing the wreckage. The wreckage of our own minds removing our resentments.

I must be willing to make amends to people who have done me more harm than I've done to them. Willingness has followed us throughout this process from walking in the doors of our first meeting. As long as we remain willing to clear our path to god and our fellows we will remain free of the burden and pain of addiction. I hope to always remain willing to listen, to forgive, and to ask for forgiveness.

District Events Calendar

Just click on an event to open the flyer for that event or visit the District 05 website for updated event listings: <http://www.district05.org/calendar/>

- Oct 3-5 2025 : Recovery on the River (preregistration open)
 - Oct 3-5 2025 : Recovery on the River (Eau Claire)
 - Sep 7th 2025 : Chippewa Valley Intergroup Picnic (Eau Claire)
 - Aug 28th-31st : 65th International Conference of Young People in AA (Minneapolis)
 - Aug 9th 2025 : Second Annual Service Workshop (Marquette)
-

Carry the Message Behind the Walls – MEN’S AA Volunteers Needed

Are you—or someone you know—interested in bringing an AA meeting to incarcerated individuals?

We currently have **openings for male AA volunteers** in two nearby county jails:

Trempealeau County Jail (Whitehall)

2 Volunteer Openings

Contact **Jim S.** at **715-577-3432**

Buffalo County Jail (Alma)

1.5 Volunteer Openings

Contact **Kerry H.** at **608-418-0308**

ABOUT AA NEWSLETTER

About AA is the newsletter from the General Service Office of the U.S. and Canada for professionals in all fields who deal with alcoholics. This issue takes a look at A.A.’s “Singleness of Purpose”. Thank you for subscribing to the G.S.O. Digital Delivery service! Click here for the current issue of [About AA](#).

Concept 8 – The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

District 05 GSR Meeting Minutes

Wednesday July 9th, 2025

6:45 p.m. – 8:15 p.m. (Zoom)

Zoom ID: 829 0126 1204

PW: district05

Opening: Serenity Prayer – GSR'S Present (6 in person-- 2 online) - -

Welcome: Introductions, Housekeeping, New to District

Open Service Positions: Special Accessibilities, Literature?

Reports (3-5 minutes each)

Note: Email reports to secretary prior to monthly GSR meetings

Officers:

DCM (Pat T)

- I will be attending the ACM, Saturday 7/12 virtually. No expense reimbursement will be required. I encourage all to consider what Service Commitments might work for your programs for next year. Elections will be in October at the Area and November at the District.

Please encourage your sponsees and groups to get involved. Because of a scheduling conflict, I will not be able to attend the Regional Forum in Indianapolis in August. I continue to participate in committee work at the Area and also attend the DCM call monthly. I am active in my personal program and in my personal life in general. What a gift this program has given me!

- Thank you for letting me be of service!

- Our next district meeting will be 8/13/25 6:45pm, at Club 12 and online.

Alt. DCM (Courtney R.)

****Confirm potlucks for 2025 calendar year.****

- July–SNA July 13 panel intergroup

- August–Back to Basics

- September–There is a Solution Beginners

(district sponsored)

- October–OPEN

- November–FLIMSY

- December–OPEN

- As always, reach out to me with any questions, or if your group has not yet hosted

one and would like to, I can help you get started. Thank you!

Secretary (Joe S)

- As always, remember to email reports before the next meeting
- Area74.org under links has new group forms and group change forms that are fillable pdf's. Please email forms to me as well (secretary@district05.org), so I can update our list.

—Motion to approve minutes—

—Seconded—

—Vote taken—

6-in person, and 2-online

Minutes Approved, GSR Passed

Treasurer (Kaufua)

- Detailed report circulated.
- text or send an email if you want a reimbursement
- treasurer@district05.org
- (715) 579-3350

Balances: Savings = \$614.32 Checking = \$1,081.49 Verbally (\$221.10)

—Motion to approve report—

—Seconded—

—Vote taken—

6-in person, and 2-online

Treasurer's Report Approved, GSR Passed

GSR Open Sharing:

Brian: Discussion on Lit chair position: reviewed guidelines and district can vote to fill position at any time if someone is unable to perform duties. I am willing to cover the position.

Old Business:

- Committee to Review guidelines update

(Max)

o no updates

- Fill Special Accessibility position

o

- Fill Literature position
-
- Contact information to secretary@district05.org and dcm@district05.org
- Volunteers for Area Chat

○ Reach out to Lucas (area webmaster)

- Report incorrect information on meeting guide app to Webmaster

New Business:

Brian (GSR B2B):

Motion for past delegates of area to no longer hold voice or vote at area assemblies.

(See attached Draft after minutes)

Take back to your groups to discuss and we will talk about it in August

- Upcoming events
- Club 12 traveling potluck this weekend- see website for info
- Booth at the Fair—contact Doug

WICYPAA:

CVIG: Recovery on the River: First Weekend in Oct (3rd-5th)

Jim:What AA resources are available in the community for young people?

Getting the conversation started because we get asked this question over and over from Human Services in particular. They want a place where young people can be/feel safe and get help. They want a targeted resource.

Open Mic (2mins)

Next Meeting: Wednesday, August 13th @ 6:45PM—

Reports Due: N/A

Corrections, CPC, PI, Special Accessibilities, Treatment

Closing: Responsibility Statement:“I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.”

Draft motion

Motion to Remove Past Delegates' Voice and Vote from Area Assemblies

Motion:

I move that effective [insert proposed date], Past Delegates of Area [insert Area number] no longer hold voice or vote at Area Assemblies.

Background & Rationale:

This motion is proposed in alignment with AA's guiding principles of rotation, participation, and balance between authority and responsibility. While the experience of Past Delegates is deeply valued and respected, their continued voice and vote at assemblies raises concerns in the following areas:

1. Spirit of Rotation – Alcoholics Anonymous has long upheld the principle of rotation to encourage fresh leadership and the equitable sharing of service opportunities. Continuing to extend formal participation to Past Delegates may limit this dynamic by sustaining influence from individuals no longer currently serving in elected positions.
2. Right of Participation (Concept IV) – This Concept affirms the right of all current trusted servants to participate fully in decisions affecting their roles. When Past Delegates maintain voice and vote, it can dilute the voice of those currently serving in official capacities.
3. Authority and Responsibility Must Match (Concept X) – Voting privileges imply a level of authority. However, Past Delegates do not hold current service responsibilities within the Area structure. Removing their vote ensures that only those with direct accountability and active roles make decisions affecting the Area.

This motion does not restrict the ability of Past Delegates to attend assemblies as observers or to be invited to speak or advise informally when their experience is sought. It simply reaffirms that governance and decision-making authority reside with those currently entrusted to serve.



Second Annual Service workshop

"We should practice. . .acquiring the spirit of service."

Dr. Bob and the Good Oldtimers

August 9, 2025

8:30 check-in until 4:00

Holiday Inn - Marquette

1951 U.S. 41 West

Topics include: service structure, Public Information, Cooperating with the Professional Community, sponsorship, corrections, literature and more

\$10 suggested donation

Continental breakfast

Coffee all day

Lunch on your own