



The District 05 View

OCTOBER 2025

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 10: "Alcoholics Anonymous (and Al-Anon) has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.."

Message from our Pat T - District Committee Member

Hello District 05,

Another beautiful start to fall in Wisconsin! My wife and I spent the last couple of weekends up on a lake in northern Minnesota. It was gorgeous. The fishing was decent as well. The shortening days have been challenging for me in the past. In recent years, I have embraced the change with an open mind and attitude of gratitude, taking each day as it is. I believe this improvement can be directly tied to the gifts this program has offered me.

Thank you to all who participated in the district elections! We filled all the officer positions and committee chairmanships. A special thank you to the people that have served this 2024-2025 term so diligently, bringing the message of recovery to the next suffering alcoholic! I encourage the incoming volunteers to reach out to current servants for suggestions and guidance to make a smooth transition into 2026 and to continue the awesome participation our district has shown.

October is a busy time in AA in this region. Recovery on the River Jamboree is 10/3-10/6. There is a virtual Area 74 information session on 10/13 for people interested in learning more about being a GSR or a DCM. The Area 74 election assembly will be held in Rhinelander (also virtually) 10/18, preceded by an in-person standing committee sessions the night before. Brown Bag Travelling potluck 10/18 and Flimsy Reed Anniversary and travelling potluck 11/1. Please send flyers to webmaster@district05.org for upcoming events.

We will be approving 2026 District budgets in coming months. Please consider and submit to the district Treasurer.

Thank you for allowing me to be of service,

Pat T, DCM D05 of Area 74

Next District 05 of Area 74 Monthly GSR Meeting: Wednesday, October 8th @ 6:45PM

2nd Wednesday of each month. In-person and virtually.

Alano Club 12

2926 Pomona Drive
Eau Claire, WI 54701
Zoom Meeting Id: 829 0126 1204 Password: district05

To learn about various agenda items and reports from Area 74, visit <http://district05.org>.

DISTRICT 05 THE VIEW NEWSLETTER

Send an email to: newsletter@district05.org to request a digital copy in your inbox each month.

Area 74 Members,

Click the link below to receive the October 2025 Area 74 Newsletter

[October 2025 N&T](#)

Hope to see you at the Fall Election in a couple of weeks!

In service,

Jeff C Michelle Z N&T Co-Editors

Member Share - Step 10 Isaiah A. ~ Eau Claire

Greetings,

The Big Book lays out a straightforward plan of action for step 10 on page 84. It suggests we continue to watch for selfishness, dishonesty, resentment, and fear. When we become aware of these emotions/actions, we ask God to remove them, we discuss this with another person, make amends if we have harmed anyone, and look for someone to help.

Step 10 to me is a simple step. Yet, many times I find it challenging. If I am being completely honest with myself, I have many opportunities to practice this step each day. Some days I do well and some days I fall short. Many times, I know what the next right thing is. A couple of years ago, the job I was working at had a Christmas party. My co-workers at the time did not know I was sober. Some of them were drinking and were asking me to drink with them. I said no. A couple of them asked why and asked multiple times if I would drink with them. I said no and I remember feeling uncomfortable after that moment and when I had left. I called my sponsor after leaving and he suggested that I be honest with my co-workers about being an alcoholic and that I am in recovery. The next time I went into work, I sat down with my supervisor and shared why I don't drink. My supervisor apologized and was significantly more understanding than I had ever thought they would be. I walked out of their office feeling as light as a feather. I followed through and told some of my coworkers over the next

couple of days. Again, I felt a little freer each time. There are times where delaying step 10 or honesty can be the right thing to do. Oftentimes, cleaning it up in the moment is the next right thing. I can have such a tendency to attempt to hide how I feel and the facts about my life. Step 10 asks me to put my trust in God and other people and tells me I do not have to hide anymore. I have been practicing step 10 for a while now and I have never had a bad outcome. Practicing this step each day allows me to stay present with myself, God, and the people around me. It allows me to truly live my life. I don't have to debate the resentment in my head. I don't have to worry about how I am going to make amends to someone I harmed. I don't have to experience fear of going back to someone and admitting I lied to them because the job is already done. I believe by continuing to practice this step that the delay between being honest, making amends, or time spent resenting others will become less and less.

Bill shares in his story, "There had been a humble willingness to have Him with me—and He came. But soon the sense of His presence had been blotted out by worldly clamors, mostly those within myself." I can relate to that statement on a deep level. Today I have the awareness and the choice to take action. I have recognized my tendencies and defects in the earlier steps. I use step 10 today because it works. The last suggestion is to look for someone to help and this action never fails me when I seek that out.

Thank you,

Isaiah Anderson

District Events Calendar

Just click on an event to open the flyer for that event or visit the District 05 website for updated event listings: <http://www.district05.org/calendar/>

- Oct 18th 2025 : The Brown Bag Western WI Traveling Potluck (Eau Claire)
 - Nov 1st 2025 : Flimsy Reed Birthday & Western WI Traveling Potluck (Eau Claire)
-

Carry the Message Behind the Walls – MEN'S AA Volunteers Needed

Are you—or someone you know—interested in bringing an AA meeting to incarcerated individuals? We currently have **openings for male AA volunteers** in two nearby county jails: Trempealeau County (Whitehall) and Buffalo County (Alma).

Contact Jim S. at 715-577-3432 for Trempealeau County and Kerry H. at 608-418-0308 for Buffalo County.

ABOUT AA NEWSLETTER

About AA is the newsletter from the General Service Office of the U.S. and Canada for professionals in all fields who deal with alcoholics. This issue takes a look at A.A.'s "Singleness of Purpose". Thank you for subscribing to the G.S.O. Digital Delivery service! Click here for the current issue of [About AA](#).

Concept 10 – Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

Treasurer's Report

- Detailed report circulated.
- text or send an email if you want a reimbursement
- treasurer@district05.org
- (715) 579-3350

Balances:

Savings = \$614.74

Checking = \$2,840.50

District 05 GSR Meeting Minutes

Wednesday September 10th, 2025

6:45 p.m. – 8:15 p.m. (Zoom)

Zoom ID: 829 0126 1204

PW: district05

Opening: Serenity Prayer – GSR'S Present (7 in person-- 5 online) - - Welcome: Introductions,
Housekeeping, New to District

Open Service Positions: ???

Reports

(3-5 minutes each)

Note: Email reports to secretary prior to monthly GSR meetings

Officers:

DCM (Pat T)

- I really appreciate the turnout tonight.
- There's an online meeting on Oct 13th if you are considering becoming a GSR or DCM. That Monday before the Assembly.
- Our next district meeting will be 10/08/25 6:45pm, at Club 12 and online.

Alt. DCM (Courtney R.)

- We have every month filled for rest of the year for traveling potluck.

****Confirm potlucks for 2025 calendar year.****

- September–There is a Solution Beginners (district sponsored)
- October–Brown Bag
- November–FLIMSY
- December–Mon Night BB

****2026 calendar year****

Secretary (Joe S)

- As always, remember to email reports before the next meeting
- Area74.org under links has new group forms and group change forms that are fillable pdf's. Please email forms to me as well (secretary@district05.org), so I can update our list.

—Motion to approve minutes—

—Seconded—

—Vote taken—

7-in person, and 5-online

*****Minutes Approved Unanimously, GSR Passed*****

Treasurer (Kaufua)

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—Motion to approve report—

—Seconded—

—Vote taken—

7-in person, and 5-online

*****Treasurer's Report Approved, GSR Passed*****

Committees:

Webmaster (Weaver)

- Will report next month
- plans to stay as webmaster for this coming year

Newsletter (Ben G)

- Will also stay on

Literature

- n/a

Intergroup (Sara Anne)

- -We just had our picnic on Sunday, September 7th and it was a great turn out! There was food, fellowship and a short presentation about the cellphone with personal stories of how it has been helpful to those reaching out for meetings or to speak to another alcoholic.
- -Literature orders continue to come in regularly from various groups in District 5 and District 6.
- -We continue to make newcomer packets available at no cost. If your group would like a newcomer packet please reach out to Cheryl L.
- -New meetings are also encouraged to reach out as we can make literature available at no cost if they need it.
- -We continue to meet monthly on Zoom and our elections will be coming up on November 26th! The website says November 20th but this is not correct and we are working to get that fixed!! We would love to see some new faces so please spread the word!!

Officers:

DCM: Brian B (By Acclimation)

Alt-DCM: Kaufua (By Acclimation)

Secretary: Joe S, (By Acclimation)

Treasurer: Mariah (By Acclimation)

Committees:

Newsletter: n/a

Webmaster: n/a

Archives: Max S (By Acclimation)

Grapevine: Tim, Isaiah, Eric, Nathan

Vote:

Tim(5) /Nathan (5)

Tie Breaker: *Tim*

PI: Kevin L, Eric, Nathan, Lexi

Vote:

Kevin

Literature: Patti, Nathan, Eric

Vote:

Patti

CPC:Eric (By Acclimation)

Treatment:Nathan, Lexi, Sue

Vote:

Sue

Corrections: Nathan, Lexi

Vote:

Nathan

Special Accessibilities:Sara (By Acclimation)

Next Meeting: Wednesday, October 8th @ 6:45PM—

Reports Due:Preparation for Area 74 Fall Assembly, GSR Session/Open Forum, Webmaster, Newsletter, Literature