

The District 05 View

MARCH 2026

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 3: *"The only requirement for A.A. membership is a desire to stop drinking."*

Message from DCM Brian B.

Dear District 05 Members,

I wasn't sure what to write about this month, so I want to begin with gratitude. I'm grateful for District 5 and for everyone who has been of service in this district. We are a very active district, both at the area level and with our own District 05 committees—and the work being done is truly meaningful. When I was a newcomer, it was easy for me to find the rooms of AA in District 5, and that was thanks to the service work done by those who came before me.

As we prepare for the Delegates Workshop and the week of Zoom sessions leading up to it, I want to encourage anyone reading this to participate. Maybe you're not sure what a GSR is, how the district interacts with the area, or what the role of a delegate looks like. That's okay—I didn't know either before beginning my own journey into general service work. This year's workshop format is a great opportunity for anyone to get involved and to serve their home group.

At my home group, Back to Basics, we've talked about having multiple members attend the Zoom meetings throughout the week. In past years, attending the Delegates Workshop as a GSR meant taking in a huge amount of information in a very short time. I remember feeling overwhelmed at moments, unsure what would be most important to my group, my district, or the next alcoholic who might walk through our doors. I did my best to capture as much as I could, but it was a lot for one GSR to bring back alone.

This new format allows for more interaction, more participation, and more shared responsibility among members of Alcoholics Anonymous in our district. With District 05 being such an active district, I truly hope to see many of you participating throughout the week. I also want to encourage everyone to start signing up for the East Central Regional Conference, which will be held in Eau Claire this June. This conference rotates through each area on a two-year cycle, and with 14 areas across five states, it will be another 28 years before it comes back to Area 74. It would be wonderful to see District 5 show up in a strong way.

Thank you all for your continued service and commitment to carrying the message. I'm grateful to be part of this district and excited for what's ahead.

In service,

Brian B DCM District 05
dcm@district05.org

Next District 05 of Area 74 Monthly GSR Meeting: Wednesday, March 11th @ 6:45PM
2nd Wednesday of each month. In-person and virtually.

Alano Club 12
2926 Pomona Drive Eau Claire, WI 54701
Zoom Meeting Id: 829 0126 1204
Password: district05

To learn about various agenda items and reports from Area 74, visit <http://district05.org>.

DISTRICT 05 THE VIEW NEWSLETTER

Send an email to: newsletter@district05.org to request a digital copy in your inbox each month.

Member Share - Step 3 Maria S. ~ Altoona

In Step 3, we are asked to "make a decision." When I got to this step, my sponsor told me to imagine three frogs on a log. If one frog decides to jump in, she asked, how many frogs are left on the log? "Uh, two?" I replied. "Nope, there are still three frogs - because 'making a decision' doesn't actually get you off the log – action does. Don't be a frog on a log."

I could certainly relate to Senor Frog! After all, I had "decided" long before I got sober that I needed to stop drinking. But did I take the actions needed to stop? Nope! Well, at least not at first. It took me a year or so of doing it my own way before I took action and walked into my first meeting of Alcoholics Anonymous. It took me a few AA meetings before I asked someone to be my sponsor; a few meetings with my sponsor before I began to follow her suggestions; a few years of sobriety before I took on a service commitment at the District level, and so on and so on. Some decisions are easy to make but hard to execute. AA gets that. I think that's why it asks us to just take things one day at a time and one step at a time and remain willing.

So, what is the point of Step 3 if it's not about taking action? For me, it was about showing myself and my Higher Power that I was *willing*, even if I wasn't necessarily ready to take action. "Making a decision" was an act of faith for me - one that said, I may not be ready now, but one day I could be.

I take Step 3 every single day, sometimes multiple times a day, whenever I pause and ask God to guide my thoughts and actions. Even now, nine years sober, I don't always take the action needed to act as God wants me to. But just by pausing and asking, I have "made a decision" to invite God in and be willing to listen, to turn my life and my will over, again and again. I know, too, that if I ever get to be a real bump on a log, my sponsor or one of my AA friends, will boot me right off the log, free of charge! And thank God for that.

District Events Calendar

Just click on an event to open the flyer for that event or visit the District 05 website for updated event listings: <http://www.district05.org/calendar/>

New/Changed Meetings:

- Haven House, Tuesdays 3p
- EC Pacific Group Starting time will be 7 PM (not 7:30)

2026 Event Flyers:

- April 25th 2026 : Eleva Step Group Annual Western WI Traveling Potluck (Eleva)
- June 26th-28th 2026 : 2026 ECR & Area 74 Conference (Eau Claire)
 - CLICK HERE TO REGISTER: <https://area74.org/2026-ecr/>

WE ARE NOT SAINTS CONVENTION

We are so excited to share with you a flyer (end of this newsletter) for our upcoming convention, the 34th Annual We Are Not Saints Convention! Please share out this flyer to your committees, homegroups, sponsorship families, websites, members, clubhouses, et al as you see fit! We hope to see you there and share a weekend of speakers, panels, and fellowship! Register at wearenotsaints.com.

ABOUT AA NEWSLETTER

About AA is the newsletter from the General Service Office of the U.S. and Canada for professionals in all fields who deal with alcoholics. This issue takes a look at A.A.'s "Singleness of Purpose". Thank you for subscribing to the G.S.O. Digital Delivery service! Click here for the current issue of [About AA](#).

Treasurer's Report

Contact the treasure if you have questions or need reimbursement:

- treasurer@district05.org

Carry the Message Behind the Walls – MEN’S AA Volunteers Needed

Are you—or someone you know—interested in bringing an AA meeting to incarcerated individuals? We currently have **openings for male AA volunteers** in two nearby county jails: Trempealeau County (Whitehall) and Buffalo County (Alma).

Contact Jim S. at 715-577-3432 for Trempealeau County and Kerry H. at 608-418-0308 for Buffalo County.

Concept 3 - “To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.””

District 05 GSR Meeting Minutes

Wednesday February 11th, 2026

6:45 p.m. – 8:15 p.m. (Zoom)

Zoom ID: 829 0126 1204

PW: district05

Opening: Serenity Prayer – GSR’S Present (10 in person-- 2 online) - -

Welcome: Introductions, Housekeeping, New to District

Reports

(3-5 minutes each)

Note: Email reports to

secretary prior to

monthly GSR meetings

Officers:

****Bill**** –Delegate for Area 74 speaks concerning how he will include everyone better with the agenda items over zoom meetings in a zoom discussion week, utilizing past delegates to help us better understand the background material.

DCM (Brian B)

- I spent most of the last month getting acquainted with my new role. I have all points of contact switched over to the District DCM email contact. I have really focused on checking this account regularly. I have also been in contact with several individuals at the area level to participate in monthly DCM meetings and area committee work. Our past delegate Nicholas S. invited me to join him in traveling to District 7's GSR meeting at the Alano Club in Marshfield to share our experience in hopes that their district will become more active.

Alt. DCM (Kaufua)

Confirming potlucks. Please refer to the flyers on the website for upcoming
If your group is interested in signing up please reach out.
helping to get a new meeting starting up in Mondovi area

Secretary (Joe S.)

- As always, remember to email reports before the next meeting
- Area74.org under links has new group forms and group change forms that are fillable pdf's. Please email forms to me as well (secretary@district05.org), so I can update our list.

—Motion to approve minutes—

—Seconded—

—Vote taken—

10-in person, and 2-online

Minutes Approved Unanimously, GSR Passed

Treasurer (Moriah M)

- Detailed report shared.
- send an email or text if you want a reimbursement
- treasurer@district05.org

Balances:

Savings = \$615.77

Checking = \$2,282.81

—Motion to approve report—

—Seconded—

—Vote taken—

10-in person, and 2-online

Treasurer's Report Approved, GSR Passed

Committees:

CPC (Eric M)

- compiling list of contacts and changing meeting time and place
- It is now at the LE Phillips public library room 222 on Thursday at 5:45 to help things be quiet and focused.

Corrections (Nate)

- Still working on getting a woman's meeting at Trempealeau county, its looking like summer, otherwise not much else

PI (Kevin)

- met for the second time—had a mix up with our Area PI person, but got the minutes there and discussed what happened at the meeting.
- Started going over PI workbook
- have someone going over getting business cards with QR codes with meeting lists
- met with previous PI chair and got all things he had
- we got a few literature racks
- got a few big books purchased that we were looking to place at the library
- plan to attend the area meeting at the end of this month Special Accessibilities (Saralinn)
- Met Feb 4th at 6pm
- couple of members and a few representatives
- talked about making up a flyer with zoom info Treatment (Sue)
- unable to meet in Jan d/t illness
- feb 9th was first meeting second monday at 6:45 club 12, room 3–8 people showed up (6 new)
- found out more about what a treatment chair person does
- we are successfully scheduling 11 speakers per month at different places

Old Business:

- Committee to Review guidelines update
- o printed out, red lettering is suggested editing
- Contact information to

secretary@district05.org and

dcm@district05.org

- Volunteers for Area Chat
- New email credentials for Officers and Chairman
- Change forms for incoming GSR's and Alt-GSR's
- Haven House relationship with AA Discussion open to GSR's
 - o how the agreement came about
 - and thoughts shared on it in general

New Business: • Delegates workshop Q and A about the special sharing session led by DCM

GSR's:

WICYPAA:

CVIG: (Sara)

The Chippewa Valley Intergroup held elections on January 28th and we have a full crew with some new faces. As chair I will plan to attend the District meeting on a bi-monthly basis to give a report.

Cheryl L will be assisting the new assistant literature chair for the next year so that when they are well versed with this job. Thank you Cheryl!! Also after five years as treasurer, Jason M has been elected to take this over!! We also have a new Web-Master that has been diligently revamping our website. The committee members each have their own email addresses that will contact our personal ones
Recovery on the River

Open Mic (2mins)

Next Meeting: Wednesday, March 11th @ 6:45PM—

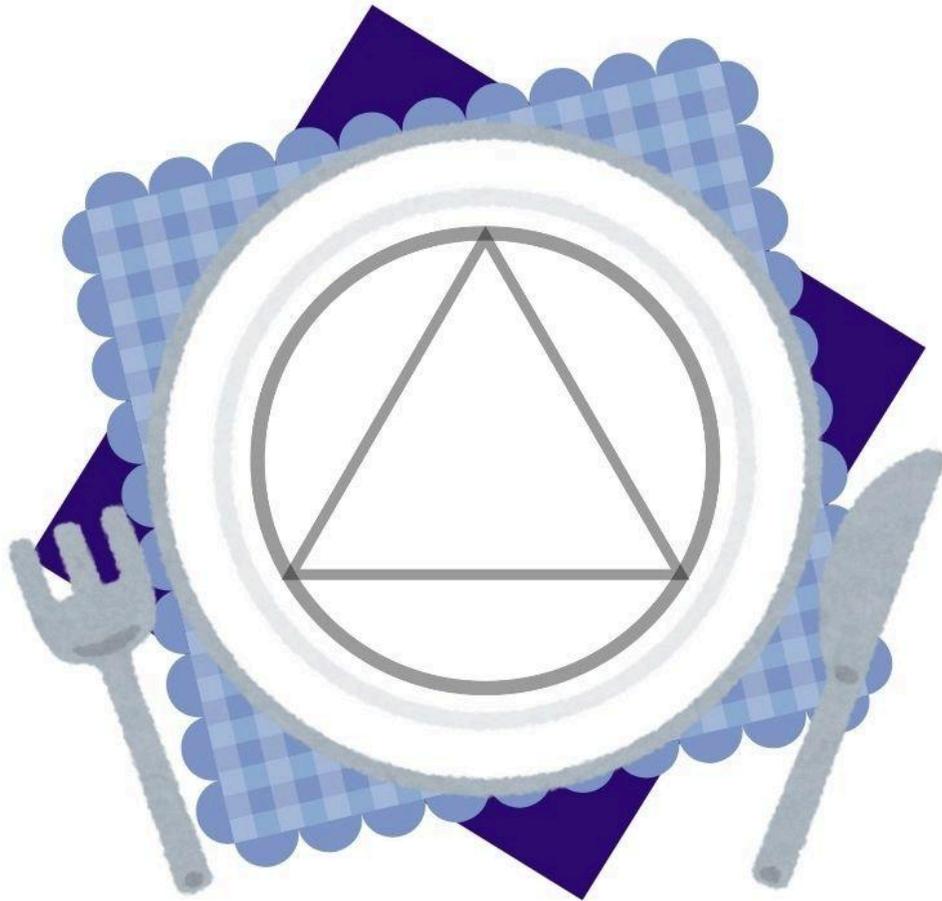
2026 Reports Due: Corrections, PI, CPC, Treatment, Special Accessibilities

Closing: Responsibility Statement: "I am responsible. When anyone, anywhere,

reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.”

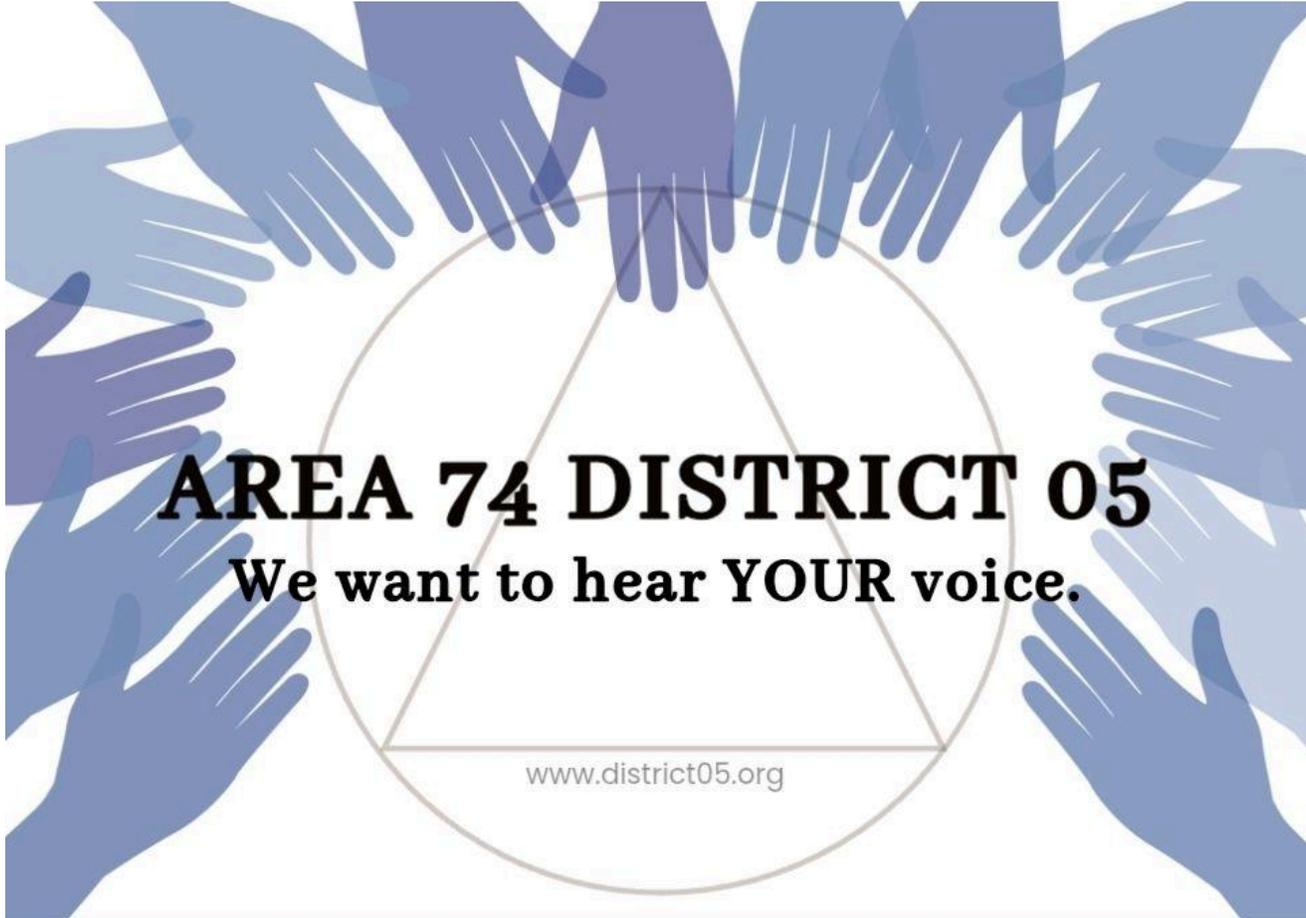
IS YOUR GROUP READY TO SERVE UP SOME SPIRITUALITY?
**SIGN UP FOR THE
DISTRICT 05 WESTERN WI
TRAVELING POTLUCK** 2026 & 2027

REACH OUT TO KAUFUA (DISTRICT 05 ALT. DCM)
715-579-3350 | alt_dcm@district05.org



**DISTRICT PARTICIPATION AVAILABLE
UPON REQUEST:**

- WORKSHOP
- ARCHIVES DISPLAY
- LITERATURE DISPLAY
- GRAPEVINE DISPLAY



AREA 74 DISTRICT 05

We want to hear **YOUR** voice.

www.district05.org

We invite each AA group in District 05 to have their GSR attend our monthly District meeting, held on **the second Wednesday of each month at 6:45pm.**

WHETHER IN PERSON OR ON ZOOM

2926 Pomona Drive
Eau Claire, WI 54701

ID: 829 0126 1204

PASSWORD:district05

DON'T HAVE A GSR? That's OK! We're here to help and answer any questions you may have.

REACH OUT TO BRIAN B. (DISTRICT 05 DCM)
715-379-7614 | dcm@district05.org

*"We are responsible when anyone, anywhere reaches out for help, we want the hand of AA always to be there, and for that, **we are responsible.**"*

Save the Date! Friday, June 26, 2026 - Sunday, June 28, 2026



An important AA Area 74 and regional conference will be held in Eau Claire this summer.

Eau Claire is hosting the **East Central Region and Area 74 Conference**, comprised of the Areas and Districts in Wisconsin, Illinois, Indiana, Michigan, and Ohio.

Unlike other states, Wisconsin doesn't have a state conference as such, so this East Central Region and Area 74 Conference is our chance to provide fellowship and support for those AA and AI-Anon members coming to Eau Claire to attend.

Let's give a warm welcome to those visiting our recovery community. This is also a moment for us all to connect and strengthen our individual personal recovery.

We are looking for a strong turnout! We have volunteer positions available for service work in helping prepare and work the Conference so that all goes swimmingly!

Registration details are in the flyer and please email to let us know if you'd like to volunteer in some way.

2026 ECR & AREA 74 CONFERENCE

WHEN
June 26 - 28, 2026

WHERE
University of Wisconsin - Eau Claire - Davies Center
77 Roosevelt Ave, Eau Claire, WI

FEATURING • AA & AI- Anon Speakers • Panels • Area Archives • Banquet • Entertainment • Fellowship Trustee Report • Sobriety Countdown • Hospitality Room

WWW.AREA74.ORG FOR REGISTRATION

2026ECRAREA74CONFERENCE@GMAIL.COM



REGISTRATION COST
\$35.00
No One Turned Away

LODGING
UWEC Dorms
\$35 / \$40 per person per night

Visit www.area74.org to reserve dorm lodging

MEAL OPTIONS
Saturday Breakfast \$22
Saturday Lunch \$16
Saturday Banquet \$35
Meal Package \$ 70
Continental Sunday Breakfast

FAQ
Hotel lodging available
Shuttle Service from dorms to event
Online registration only
Contribution to the online platform is optional
Email with any questions