

# The District 05 View

MAY 2026

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 5: *"Each group has but one primary purpose – to carry the message to the alcoholic who still suffers."*

## Message from DCM Brian B.

Dear District 05 Members,

I also want to encourage everyone to start signing up for the East Central Regional Conference, which will be held in Eau Claire this June. This conference rotates through each area on a two-year cycle, and with 14 areas across five states, it will be another 28 years before it comes back to Area 74. It would be wonderful to see District 5 show up in a strong way.

Thank you all for your continued service and commitment to carrying the message. I'm grateful to be part of this district and excited for what's ahead.

In service,

Brian

Brian B DCM District 05  
dcm@district05.org

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**Next District 05 of Area 74 Monthly GSR Meeting: Wednesday, May 13th @ 6:45PM**  
2nd Wednesday of each month. In-person and virtually.

Alano Club 12  
2926 Pomona Drive Eau Claire, WI 54701  
Zoom Meeting Id: 829 0126 1204  
Password: district05

To learn about various agenda items and reports from Area 74, visit <http://district05.org>.

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## DISTRICT 05 THE VIEW NEWSLETTER

Send an email to: [newsletter@district05.org](mailto:newsletter@district05.org) to request a digital copy in your inbox each month.

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## Member Share - Step 5 Dave, Eau Claire

By God's grace, I have not had a drink since July 7, 1998. I've been asked to share my thoughts on the process of taking the 5th step. I was probably about 4 years in recovery until I actually took a fifth step as outlined in our program. When I arrived in AA ( the final time), I was desperate, at the end of myself, completely demoralized, emotionally and spiritually bankrupt. I was willing to try anything to escape the lonely dark place I found myself - or perhaps my Higher Power found me.

I started attending AA 5-6 days a week bent on doing the 12 steps, I saw a possible journey to redemption. I did obtain a sponsor, however oddly He never introduced me to the twelve steps, I did call Him often for help. At the time there was a lot of wreckage in my life. I was released from incarceration, homeless, our Farm in foreclosure, My wife left with another man, loss of employment, etc, etc. I tried to do the steps to the best of my ability on my own. As I was doing the steps on my own and after somewhat completing a 4 th step, I mainly used the group without their awareness as a personage to disclose some of my actions. The easy ones were no problem, since a lot of my issues were listed in the weekly paper under circuit court column. ( the Joys of small town life). I must admit it was a good feeling confessing and owning my past and behaviors. However, I guarded my deeper secrets and intentions. I quickly learned how to hide in plain sight ( meetings). I was well adept at deflection, minimizing, redirection, humor, and truth editing. ( some of the finer skills we learn in addiction).

It wasn't until about the fourth year that I had an opportunity to do an actual fifth step. I was invited to a Spiritual Retreat Weekend in Amery, Wisconsin. The purpose of the retreat was to introduce people to how the 12 steps are applied. I jumped at the chance. The folks there explained we were going to go through the entire 12 steps over the weekend. We were given pamphlets, had study periods, homework, and discussion groups. It was explained that this process is only an introduction and we were encouraged after the retreat to find a sponsor who actually works the steps. We were also instructed to pair up with someone to do the 4th and 5th step. There were many people from all over the upper Midwest. I felt this would be a golden opportunity to really come clean. I purposely was looking for a guy that there was little chance we'd meet up again. I found the perfect guy and as it turns out he was looking for the same. We both went to a private area on the grounds with our 4th step. He preferred I go first. I left nothing out. Every dark area of my life I shared - even sharing things that may have been doubtful. I can hardly explain the relief I experienced, A peace over came me. It was then his time to share, and he too left nothing out. Afterwards I could see the change in his countenance. We spent some time together just marveling at what this had done for us. We felt clean and redeemed, for the first time in many years.

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## District Events Calendar

Just click on an event to open the flyer for that event or visit the District 05 website for updated event listings: <http://www.district05.org/calendar/>

### 2026 Event Flyers:

- June 26th-28th 2026 : 2026 ECR & Area 74 Conference (Eau Claire)
  - CLICK HERE TO REGISTER: <https://area74.org/2026-ecr/>
- May 17th 2026 : Freedom From Bondage Western WI Traveling Potluck (Eau Claire)
  - See flyer below

### New/Changed Meetings:

- Haven House, Tuesdays 3p
- EC Pacific Group Starting time is now 7 PM (not 7:30)
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**IMPORTANT ANNOUNCEMENT!**

# FLIMSY REED Group IS MOVING!

Beginning the **1st Wednesday in June**, the Flimsy Reed Group will meet at a new location:

**BEGINNING WEDNESDAY, JUNE 3**  
WEDNESDAYS AT 7:00 PM

**GRACE LUTHERAN CHURCH**  
202 West Grand Ave  
(Use 2nd Ave Entrance)

Same group. *Same message.*  
*New space.*

WE LOOK FORWARD TO CONTINUING OUR JOURNEY TOGETHER IN OUR **NEW HOME.**

Thank you for *being part of the Flimsy Reed Group!* ♥

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## WE ARE NOT SAINTS CONVENTION

We are so excited to share with you a flyer (end of this newsletter) for our upcoming convention, the 34th Annual We Are Not Saints Convention! Please share out this flyer to your committees, homegroups, sponsorship families, websites, members, clubhouses, et al as you see fit! We hope to see you there and share a weekend of speakers, panels, and fellowship! Register at [wearenotsaints.com](http://wearenotsaints.com).

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## ABOUT AA NEWSLETTER

*About AA* is the newsletter from the General Service Office of the U.S. and Canada for professionals in all fields who deal with alcoholics. This issue takes a look at A.A.'s "Singleness of Purpose". Thank you for subscribing to the G.S.O. Digital Delivery service! Click here for the current issue of [About AA](#).

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## Treasurer's Report

Contact the treasure if you have questions or need reimbursement:

- [treasurer@district05.org](mailto:treasurer@district05.org)
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## Carry the Message Behind the Walls – MEN'S AA Volunteers Needed

Are you—or someone you know—interested in bringing an AA meeting to incarcerated individuals? We currently have **openings for male AA volunteers** in two nearby county jails: Trempealeau County (Whitehall) and Buffalo County (Alma).

Contact Jim S. at 715-577-3432 for Trempealeau County and Kerry H. at 608-418-0308 for Buffalo County.

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**Concept 4** - "At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge."

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## District 05 GSR Meeting Minutes

Wednesday April 8th, 2026

6:45 p.m. – 8:15 p.m. (Zoom)

Zoom ID: 829 0126 1204

PW: district05

Opening: Serenity Prayer – GSR'S Present ( 8 in person-- 2 online) - -

Welcome: Introductions, Housekeeping, New to District

### Reports

(3-5 minutes each)

Note: Email reports to  
secretary prior to  
monthly GSR meetings

### Officers:

DCM (Brian B)

- n/a

Alt. DCM (Kaufua)

- I assisted with the Zoom portion of the Delegates Workshop on March 28th here for District 5. In total, we had five GSRs present and two additional members that sat in briefly to observe. I did go ahead and submit the Club Rental Agreement to our Treasurer to make out a check for the Alano Club 12 and as well as personal reimbursement for some administrative supplies and for the upcoming Spring Assembly. I want to

thank the individuals that participated as well as the individuals that did help me set up and tear down.

- Potluck Sign Ups are below. The only month left for this year is December. If there is a group that is interested, please reach out. As always, District is happy to be present whether through a workshop and/or with a display of literature, Grapevine, or archives.

Secretary (Joe S.)

- As always, remember to email reports before the next meeting
- Area74.org under links has new group forms and group change forms that are fillable pdf's. Please email forms to me as well ([secretary@district05.org](mailto:secretary@district05.org)), so I can update our list.

—Motion to approve minutes—

—Seconded—

—Vote taken—

8-in person, and 2-online

\*\*\*Minutes Approved Unanimously, GSR Passed\*\*\*

Treasurer (Moriah M)

- Detailed report shared.
- send an email or text if you want a reimbursement

- [treasurer@district05.org](mailto:treasurer@district05.org)

Balances:

Savings = \$616.17

Checking = \$2,070.21

–Motion to approve report–

–Seconded–

–Vote taken–

8-in person, and 2-online

\*\*\*Treasurer's Report Approved, GSR Passed\*\*\*

Committees:

Corrections (Nate)

- Working on getting a women's meeting in Trempealeau County Jail
- Doug H speaking on behalf of corrections workshop during Eleva potluck on April 25th.

P.I. (Kevin)

- Not a lot to report. This month we decided to cancel our meeting. I attended the delegate's workshop in person. Plan to attend the assembly coming up. We are signed up for the WI State Fair again, coming up in July. Will have more info later on it, and people are welcome to volunteer their time at the booth.

CPC (Erik)

- Meeting with North High School counselors on April 14th.
- Reaching out to professional entities in the District 05 that come into contact with alcoholics
- Purchased literature for committee. Requesting a reimbursement of \$202.71
- I have a box of unused pamphlets that are being replaced with newer versions available to GSR's with their groups.

Treatment (Sue)

- Great success recruiting speakers.

Scheduling them around different places, one man and one woman. We haven't spent much money yet. Our agenda is to donate books to different places. The literature is very much appreciated. Going to approve a new flyer for the Better Way meeting.

Special Accessibilities (Saralinn)

- Met Wednesday at 6pm. Discussed creating a flyer. Most of the new discussion focused on the workshop. Also, whether we could formalize the outreach for people to set up laptops etc. at home to help with meetings and getting a Geek Squad formed to help with that.

Old Business:

- Delegates Workshop feedback, prep for assembly
- Committee to Review guidelines update
- Contact information to secretary@district05.org and dcm@district05.org
- Volunteers for Area Chat
- District 5 Motion re-committed to ACM in January

New Business: • New Meeting space (Flimsy Reed GSR) and district GSR discussion about possibly moving to the small Alano Club building?

GSR's:

WICYPAA:

CVIG (Sara T): We continue to have a full Intergroup Committee but would encourage groups to elect a rep to attend our monthly Zoom meeting held on the 4th Wednesday of the month at 6:45 p.m. Check out:

[chippewavalleyintergroup.org](http://chippewavalleyintergroup.org) for more information and Zoom login.

- The cellphone is going well and is currently with Friday Night's Safe Place to be Group for the month of April.
- Rebecca and Jason are taking over the literature and treasurer positions that were with the same people for several years and are doing an AMAZING job! All of the literature has been transferred to a storage space at Club 12 and is currently at the old prices. When that literature starts to sell out, the new literature will be sold at the current price which is listed on our website. Please reach out to Rebecca for your literature needs. We will continue to give a receipt; however, there have been requests for invoices and that is not something we will be accommodating at this time.
- **SAVE THE DATE:** Our annual picnic is scheduled for the beginning of September at Mt. Simon Park.
- Our current balance as of March 24, 2026, is \$1,751.56

Recovery on the River

ECR

Open Mic (2mins)

Next Meeting: Wednesday, May 13th @ 6:45PM—

2026 Reports Due: Grapevine, Archives, Webmaster,  
Newsletter, Literature

Closing: Responsibility Statement: "I am responsible. When anyone,  
anywhere, reaches out for help, I want the hand of AA always to  
be there. And for that: I am responsible."

*Freedom from Bondage presents:*

**WESTERN WI TRAVELING POTLUCK & PANEL**

# **SPIRITUAL EXPERIENCE: ROCKETED INTO THE 4<sup>TH</sup> DIMENSION**

Join us for food, fellowship, and great conversation!  
Sloppy joes provided. Bring a dish to pass!

Food @1:30

Panel @ 2:30

Q&A @ 3:30



**BUCKLE UP, THE MOST  
SATISFACTORY  
YEARS OF  
YOUR EXISTENCE  
LIE AHEAD!**

**SUNDAY MAY 17<sup>TH</sup>, 1-4PM**

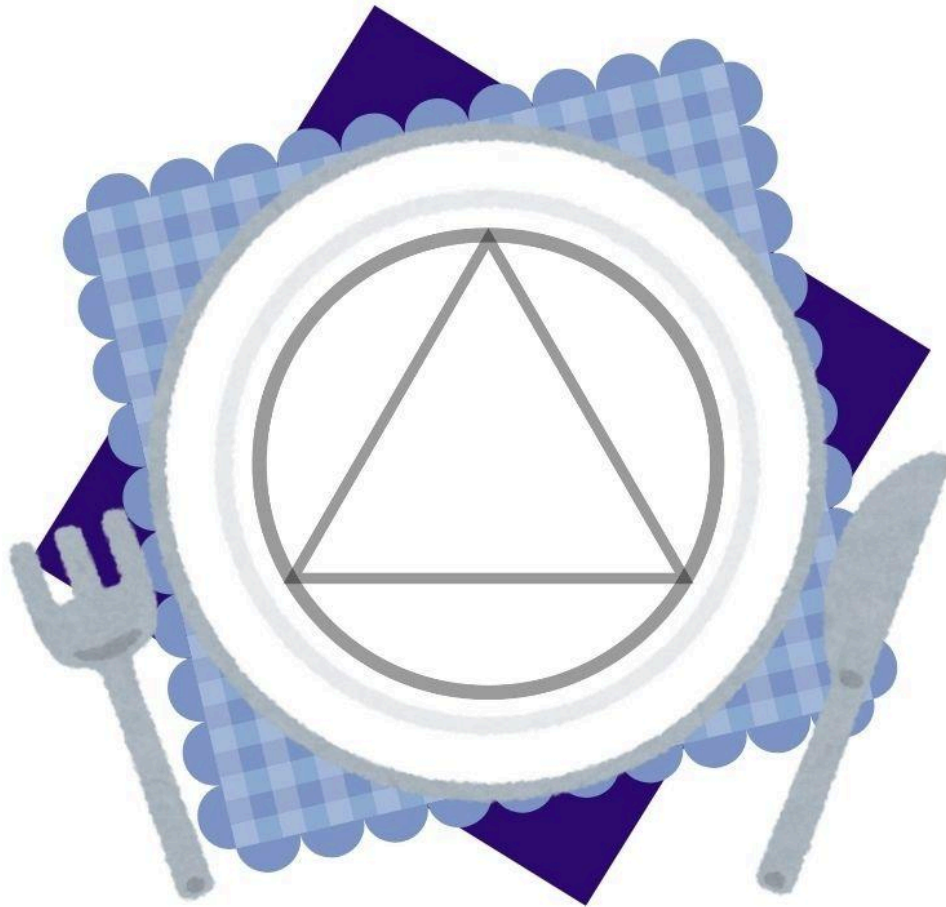
Club 12  
2926 Pomona Dr

Contact Katie J:  
715-579-3883

**Panelists:** stay tuned for more!

IS YOUR GROUP READY TO SERVE UP SOME SPIRITUALITY?  
**SIGN UP FOR THE  
DISTRICT 05 WESTERN WI  
TRAVELING POTLUCK** 2026 & 2027

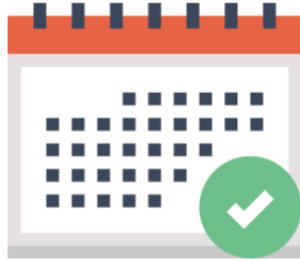
REACH OUT TO KAUFUA (DISTRICT 05 ALT. DCM)  
715-579-3350 | [alt\\_dcm@district05.org](mailto:alt_dcm@district05.org)



**DISTRICT PARTICIPATION AVAILABLE  
UPON REQUEST:**

- WORKSHOP
- ARCHIVES DISPLAY
- LITERATURE DISPLAY
- GRAPEVINE DISPLAY

## Save the Date! Friday, June 26, 2026 - Sunday, June 28, 2026



An important AA Area 74 and regional conference will be held in Eau Claire this summer.

Eau Claire is hosting the **East Central Region and Area 74 Conference**, comprised of the Areas and Districts in Wisconsin, Illinois, Indiana, Michigan, and Ohio.

Unlike other states, Wisconsin doesn't have a state conference as such, so this East Central Region and Area 74 Conference is our chance to provide fellowship and support for those AA and AI-Anon members coming to Eau Claire to attend.

Let's give a warm welcome to those visiting our recovery community. This is also a moment for us all to connect and strengthen our individual personal recovery.

We are looking for a strong turnout! We have volunteer positions available for service work in helping prepare and work the Conference so that all goes swimmingly!

Registration details are in the flyer and please email to let us know if you'd like to volunteer in some way.

# 2026 ECR & AREA 74 CONFERENCE

**WHEN**  
June 26 - 28, 2026

**WHERE**  
University of Wisconsin - Eau Claire - Davies Center  
77 Roosevelt Ave, Eau Claire, WI

**FEATURING** • AA & AI- Anon Speakers • Panels • Area Archives • Banquet • Entertainment • Fellowship Trustee Report • Sobriety Countdown • Hospitality Room

**WWW.AREA74.ORG FOR REGISTRATION**

**2026ECRAREA74CONFERENCE@GMAIL.COM**



**REGISTRATION COST**  
\$35.00  
No One Turned Away

**LODGING**  
UWEC Dorms  
\$35 / \$40 per person per night

Visit [www.area74.org](http://www.area74.org) to reserve dorm lodging

**MEAL OPTIONS**  
Saturday Breakfast \$22  
Saturday Lunch \$16  
Saturday Banquet \$35  
Meal Package \$ 70  
Continental Sunday Breakfast

**FAQ**  
Hotel lodging available  
Shuttle Service from dorms to event  
Online registration only  
Contribution to the online platform is optional  
Email with any questions