

The District 05 View

JUNE 2026

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 6: "An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose."

Message from DCM Brian B.

Hello Everyone,

I am shocked at how fast this summer has approached. I remember coming out of covid and AA coming alive before my eyes. This is a busy time of year for fellowshiping. I would like to encourage everyone to check out a new event, conference, or some sort of activity in this fellowship that you have not attended or tried. If I was not willing to do things I had never done before I would not be anywhere near where I am today. It was through this courage that real measurable growth occurred in my recovery.

Today when I look at this summer's events I can see that we are blessed to be hosting the East Central Regional Conference of Alcoholics Anonymous. I am asking for those in our district to please put this event on your calendar and get registered. I remember someone asking "how I am able to get out of all the adventures" I do in my life. It isn't a secret, I put it on my calendar and then I prioritize the small steps that get me there. Much like recovery nothing great happens in a single step. Do yourself a favor today and put the ECR on your calendar, June 26-28. Then get registered at www.area74.org. We could use your help showing what the AA community in district 05 is like. Bring a sponsee, bring a newcomer. If this life wasn't fun I wouldn't be continuing to participate in the ways I do.

I think of the first time I attended any event in AA and how overwhelming it was before getting there and walking through the doors. I then thank myself for working up that courage to show up because I always left feeling better. We can help bridge that gap for those that just don't know how good these unity building parts of AA are. Do you know someone in this program that only attends meetings? I feel it is our duty, or sense of service to help show them more.

Reach out to someone, and ask them to join you at the ECR. It just may save a life.

Hope to see you all there.

Brian B DCM district 05

Brian

Brian B DCM District 05
dcm@district05.org

Next District 05 of Area 74 Monthly GSR Meeting: Wednesday, May 13th @ 6:45PM
2nd Wednesday of each month. In-person and virtually.

Alano Club 12
2926 Pomona Drive Eau Claire, WI 54701
Zoom Meeting Id: 829 0126 1204
Password: district05

To learn about various agenda items and reports from Area 74, visit <http://district05.org>.

DISTRICT 05 THE VIEW NEWSLETTER

Send an email to: newsletter@district05.org to request a digital copy in your inbox each month.

Member Share - Step 6 - Monica B., Eau Claire

Step six allows me to become willing to recognize the character defects, behaviors, and patterns of thinking that may be causing harm to myself or others. It moves me beyond simple awareness and toward a genuine readiness to take action for personal growth and spiritual development. This step challenges me to honestly examine the ways I may still be holding on to attitudes or behaviors that no longer serve me, even when they feel familiar or comfortable.

Lately, I have been recognizing a pattern of resistance to situations and opportunities that could bring happiness into my life. While I have worked hard to identify and address my character defects, I am realizing that recovery is not only about removing negative qualities – it is also about being willing to add positive things into my life. Growth requires effort on both sides. Letting go of unhealthy behaviors is important, but so is embracing joy, peace, connection, and new experiences.

I have come to see that resistance can be subtle. Sometimes it shows up as fear, self-doubt, or a reluctance to step outside of my comfort zone. Other times it appears as an unwillingness to fully accept the blessings and opportunities that are available to me. When I resist positive change, I limit my ability to experience the happiness and fulfillment that God intends for my life.

One of the most valuable questions I have learned to ask myself is, “What am I afraid would happen if I change?” This question helps me look beneath the surface and identify the fears that may be holding me back. It encourages honesty and self-reflection, allowing me to challenge old beliefs and become more willing to trust the recovery process. As I continue working Step 6, I am learning that willingness is not about having no fear—it is

about being willing to move forward despite it. By surrendering my resistance and remaining open to growth, I can continue becoming the person God created me to be and live a more meaningful, joyful, and authentic life.

Monica B.
Eau Claire, WI

District Events Calendar

Just click on an event to open the flyer for that event or visit the District 05 website for updated event listings: <http://www.district05.org/calendar/>

2026 Event Flyers:

- October 2nd-4th 2026 : Recovery on the River Jamboree (Eau Claire)
- September 19th 2026 : Second Annual Skydiving Jump & Picnic (Chippewa)
- July 31st – August 2nd 2026 : AA Unity Campout (Augusta)
- July 4th 2026 : Saturday Night Alive Western WI Traveling Potluck (Eau Claire)
- June 26th-28th 2026 : 2026 ECR & Area 74 Conference (Eau Claire)
 - CLICK HERE TO REGISTER: <https://area74.org/2026-ecr/>
- June 20th 2026 : Club 76 Golden Anniversary Celebration (Chippewa)
- June 14th 2026 : The Gay Chatter Western WI Traveling Potluck (Eau Claire)

New/Changed Meetings:

- Flimsy Reed location change: 202 W Grand Ave as of **June 3rd**
- Eau Claire Pacific Group Time Change: 7p as of **February 5th**
- **New Group at Haven House, starting January 20th 2026: Tuesdays 3pm**

IMPORTANT ANNOUNCEMENT!

FLIMSY REED *Group* IS MOVING!



Beginning the
1st Wednesday
in **June**,
the Flimsy Reed
Group will meet
at a new location:



GRACE
LUTHERAN CHURCH



202 West Grand Ave
(Use 2nd Ave Entrance)



Same group.
Same message.
New space.



WE LOOK FORWARD
TO CONTINUING OUR
JOURNEY TOGETHER
IN OUR **NEW HOME.**



Thank you for being part of the Flimsy Reed Group!

ABOUT AA NEWSLETTER

About AA is the newsletter from the General Service Office of the U.S. and Canada for professionals in all fields who deal with alcoholics. This issue takes a look at A.A.'s "Singleness of Purpose". Thank you for subscribing to the G.S.O. Digital Delivery service! Click here for the current issue of About AA.

Treasurer's Report

Contact the treasure if you have questions or need reimbursement:

- treasurer@district05.org
-

Carry the Message Behind the Walls – MEN'S AA Volunteers Needed

Are you—or someone you know—interested in bringing an AA meeting to incarcerated individuals? We currently have **openings for male AA volunteers** in two nearby county jails: Trempealeau County (Whitehall) and Buffalo County (Alma).

Contact Jim S. at 715-577-3432 for Trempealeau County and Kerry H. at 608-418-0308 for Buffalo County.

Concept 6 - "The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board. "

District 05 GSR Meeting Minutes

Wednesday May 13th, 2026

6:45 p.m. – 8:15 p.m. (Zoom)

Zoom ID: 829 0126 1204

PW: district05

Opening: Serenity Prayer – GSR'S Present (8 in person-- 1 online) - -

Welcome: Introductions, Housekeeping, New to District

Reports

(3-5 minutes each)

Note: Email reports to
secretary prior to
monthly GSR meetings

Officers:

DCM (Brian B)

- There have been a few webmaster emails about dead meeting links. (The webmaster gets email if someone taps the "contact this meeting" button in the Meeting Guide App)
- I went and tried all the online meeting links in the district.
- These groups have bad links and no "last contact" information in the meeting directory: <https://district05.org/meetings/alma-aa-literature/>

<https://district05.org/meetings/online-sunday-big-book-chippewa-falls/>

<https://district05.org/meetings/virtual-coffee-principles-aa/>

Alt. DCM (Kaufua)

- I traveled to Rhinelander the weekend of April 17th for the Spring Assembly and was able to participate in the Area 74 CPC Meeting. I want to extend gratitude to District 05 for the abundant representation. When I accepted my first position at the District in 2022, the District was just rebuilding post Covid. We had numerous vacant positions and a few GSRs present. To see this community rebuild is remarkable and I thank each and every single one of you for your willingness to show up and be of service.
- A big thank you to the Eleva Step Group for hosting the pot luck in April and the District 05 Corrections Committee for their participation. I did submit a receipt to our Treasurer for reimbursement. The Eleva Step Group had requested donuts for the workshop.
- Up next is the Freedom from Bondage potluck on May 17th. Very exciting news,

the Freedom from Bondage group has requested a display from District of Grapevine, Literature, and Archives at their potluck which is the first request this year! I am very excited to see what each committee will bring forth. To find out yourself, please join us on May 17th at the Alano Club 12.

- This, compiled with my discussion at the Spring Assembly with the Area 74 CPC committee, has inspired me to begin a project for District 05. The lack of request for a workshop is understandable as that can make for a long day. What I would be happy to generate is a simple display that describes the general service structure and the responsibility of the group. My hope is to also include what we do at District 05 along with a brief description of what our committees do here and what the group contributions are being used for. This, I hope, will also generate interest in getting involved in these committees. This is in the beginning stages of planning and all materials would come out of the Alt. DCM Budget. I'm open to discussing this further with any members that are interested in getting involved and if there is enough interest, could put together a subcommittee meeting for planning. If interested, please do reach out to me.

Secretary (Joe S.)

- As always, remember to email reports before the next meeting
- Area74.org under links has new group forms and group change forms that are fillable pdf's. Please email forms to me as well (secretary@district05.org), so I can update our list.

—Motion to approve minutes—

—Seconded—

—Vote taken—

8-in person, and 1-online

Minutes Approved Unanimously, GSR Passed

Treasurer (Moriah M)

- Detailed report shared.
- send an email or text if you want a reimbursement
- treasurer@district05.org

Balances:

Savings = \$616.37

Checking = \$1,177.58

—Motion to approve report—

–Seconded–

–Vote taken–

8-in person, and 1-online

Treasurer's Report Approved, GSR Passed

Committees:

Grapevine: (Tim)

- Pamphlets handed out to various places.
- Subscription renewed

Archives: (Max)

- District 05 Archives has been invited to and will have a table setup at the traveling potluck on 5/17 at Club 12 from 1pm-4pm (host: Freedom from Bondage).
- We are also planning to table at the ECR and Area 74 Conference June 26-28. In addition to traditional print archives, we are planning to have a turntable and headphones for attendees to listen to our vinyl collection including "The Golden Recordings", a set of thirty talks by Father John Doe (Ralph Pfau), a Roman Catholic priest who was the first to get sober in AA.
- LOOKING FOR VOLUNTEERS! Get in touch with Max if you or anyone you know can be of service and take a shift at the Archives table at the ECR conference. No Archives experience required! Will be in a shared space with Literature and Grapevine.
- We have been given access to the District website and starting preparations to upload digital archives
-

Webmaster (Weaver)

- Websites up.
 - 48 emails sent
 - 14 accounts turned over to new holderes
 - 12 flyers
 - 5 meeting information changes
 - 4 inbound newcomers
 - 3 big meeting announcements
 - 2 committee information updates
 - 1 amazing email size limit discovery
- adventure with Brian
- Email accounts renewed this week (\$552)
 - Webhosting renewed in Feb (\$143.88)

- district05.org domain renews later this year, price TBD

Newsletter (Ben)

- n/a

Literature (Patti)

- Working on the tote. Attended literature workshop Friday and also went to Rhinelander
- Purchased pamphlets and literature workbook
- Working on a display

Old Business:

- Committee to Review guidelines update
- Contact information to secretary@district05.org and dcm@district05.org
- Change forms for incoming GSR's and Alt-GSR's

New Business: • mia meetings: bad zoom links for district

GSR's:

WICYPAA:

CVIG

Recovery on the River

ECR

Open Mic (2mins)

Next Meeting: Wednesday, June 10th @ 6:45PM—

2026 Reports Due: Corrections, CPC, PI, Special Accessibilities, Treatment

Closing: Responsibility Statement: "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

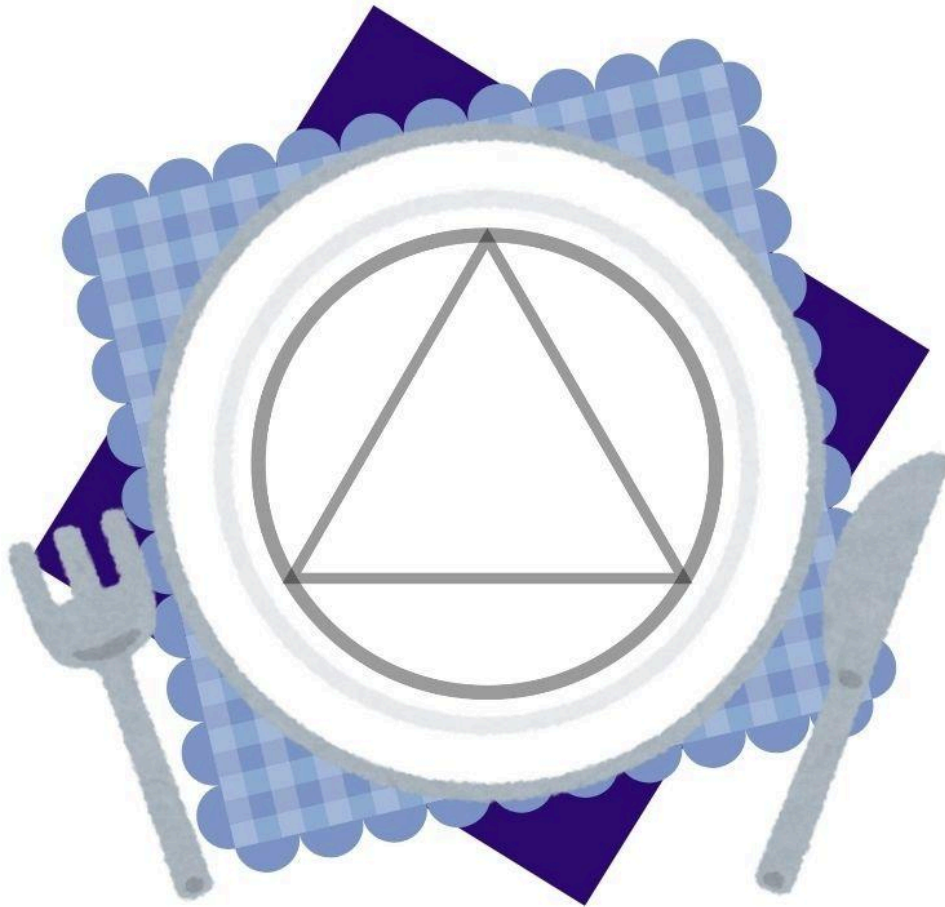
IS YOUR GROUP READY TO SERVE UP SOME SPIRITUALITY?

SIGN UP FOR THE DISTRICT 05 WESTERN WI TRAVELING POTLUCK

2026 & 2027

REACH OUT TO KAUFUA (DISTRICT 05 ALT. DCM)

715-579-3350 | alt_dcm@district05.org

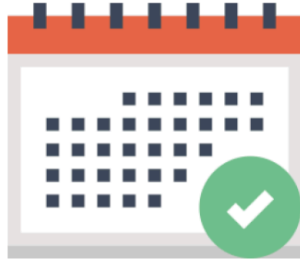


**DISTRICT PARTICIPATION AVAILABLE
UPON REQUEST:**

- WORKSHOP
- ARCHIVES DISPLAY
- LITERATURE DISPLAY
- GRAPEVINE DISPLAY

Save the Date!

Friday, June 26, 2026 - Sunday, June 28, 2026



An important AA Area 74 and regional conference will be held in Eau Claire this summer.

Eau Claire is hosting the **East Central Region and Area 74 Conference**, comprised of the Areas and Districts in Wisconsin, Illinois, Indiana, Michigan, and Ohio.

Unlike other states, Wisconsin doesn't have a state conference as such, so this East Central Region and Area 74 Conference is our chance to provide fellowship and support for those AA and AI-Anon members coming to Eau Claire to attend.

Let's give a warm welcome to those visiting our recovery community. This is also a moment for us all to connect and strengthen our individual personal recovery.

We are looking for a strong turnout! We have volunteer positions available for service work in helping prepare and work the Conference so that all goes swimmingly!

Registration details are in the flyer and please email to let us know if you'd like to volunteer in some way.

2026 ECR & AREA 74 CONFERENCE

WHEN
June 26 - 28, 2026

WHERE
University of Wisconsin - Eau Claire - Davies Center
77 Roosevelt Ave, Eau Claire, WI

FEATURING • AA & AI- Anon Speakers • Panels • Area Archives • Banquet • Entertainment • Fellowship Trustee Report • Sobriety Countdown • Hospitality Room

WWW.AREA74.ORG FOR REGISTRATION

2026ECRAREA74CONFERENCE@GMAIL.COM



REGISTRATION COST
\$35.00

No One Turned Away

LODGING

UWEC Dorms
\$35 / \$40 per person per night

Visit www.area74.org to reserve dorm lodging

MEAL OPTIONS

Saturday Breakfast \$22
Saturday Lunch \$16
Saturday Banquet \$35
Meal Package \$ 70
Continental Sunday Breakfast

FAQ

Hotel lodging available
Shuttle Service from dorms to event
Online registration only
Contribution to the online platform is optional
Email with any questions