

The District 05 View

AUGUST 2026

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 8: "Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers."

DISTRICT 05 THE VIEW NEWSLETTER

Welcome to the District View newsletter. If you have any questions, event flyers or concerns, please send an email to: newsletter@district05.org

Contribute to the District View!!

I'm looking for people willing to share their experience with Steps 9, 10, 11, or 12. Just a page (500 words or so) on your experience with that step. If you would be willing to write an article, please let me know at newsletter@district05.org so I can arrange and organize contributors. Thank you!!

Next District 05 of Area 74 Monthly GSR Meeting: Wednesday, August 12th @ 6:45PM
2nd Wednesday of each month. In-person and virtually.

Alano Club 12
2926 Pomona Drive Eau Claire, WI 54701
Zoom Meeting Id: 829 0126 1204
Password: district05

To learn about various agenda items and reports from Area 74, visit <http://district05.org>.

Member Share - Step 8

Early in my recovery I heard someone say, "I do not get the spiritual part of the program". Then my sponsor explained that the whole program of AA is spiritual in nature. I then realized that every step, the fellowship at the meetings, and the service work I was involved with was all spiritual. For my recovery today, I look for the spiritual components in all the steps as I apply them to my everyday life.

When I began the process for Step 8 my sponsor gave me two very specific suggestions. The first being to only concentrate on making the list. I was not to concern myself with the when and the how of making amends, that will come later. The second was to use my 4 th step inventory as the basis for starting the list.

My sponsor then proceeded to explain the types of harm that I had inflicted upon the people around me, those being physical, financial, emotional, and spiritual. Fighting with

my younger brother would a physical harm, my habit of taking home supplies from work would be a financial harm (stealing), constantly lying to my wife about my drinking caused her emotional pain, and my mother constantly worrying about my behavior would be a spiritual harm.

The spiritual component that is involved for me during Step 8 was honesty, and the willingness to begin the process of making things right with the rest of the world. My sponsor has always pointed out that AA is a program of action. Making the list is an action. The willingness came from my desire to change, I was tired of living my life with those old behaviors. Today Step 8 is incorporated into Step 10, If I have harmed someone, I make a list, even if it is only one person.

Bryon B.
Ludington, WI

District Events Calendar

Just click on an event to open the flyer for that event or visit the District 05 website for updated event listings: <http://www.district05.org/calendar/>

2027 Event Flyers:

- March 5th 2027 : Club 12 Game Night (Eau Claire)
- February 5th 2027 : Club 12 Game Night (Eau Claire)
- January 1st 2027 : Club 12 Game Night (Eau Claire)

2026 Event Flyers:

- December 4th 2026 : Club 12 Game Night (Eau Claire)
 - November 6th 2026 : Club 12 Game Night (Eau Claire)
 - October 2nd-4th 2026 : Recovery on the River Jamboree (Eau Claire)
 - October 2nd 2026 : Club 12 Game Night (Eau Claire)
 - September 19th 2026 : Second Annual Skydiving Jump & Picnic (Chippewa)
 - September 4th 2026 : Club 12 Game Night (Eau Claire)
 - August 29th 2026 : Club 12 Summer Picnic (Eau Claire)
 - August 7th 2026 : Club 12 Game Night (Eau Claire)
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ABOUT AA NEWSLETTER

About AA is the newsletter from the General Service Office of the U.S. and Canada for professionals in all fields who deal with alcoholics. This issue takes a look at A.A.'s "Singleness of Purpose". Thank you for subscribing to the G.S.O. Digital Delivery service! Click here for the current issue of About AA.

Treasurer's Report

Contact the treasure if you have questions or need reimbursement:

- treasurer@district05.org

Carry the Message Behind the Walls – MEN'S AA Volunteers Needed

Are you—or someone you know—interested in bringing an AA meeting to incarcerated individuals? We currently have **openings for male AA volunteers** in two nearby county jails: Trempealeau County (Whitehall) and Buffalo County (Alma). Contact Jim S. at 715-577-3432 for Trempealeau County and Kerry H. at 608-418-0308 for Buffalo County.

Concept 8 - "The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities."

District Meeting Minutes

DISTRICT 5 GSR MEETING MINUTES
Wednesday, July 8th, 2026 6:45-8:15
Zoom ID 829 0126 1204 Password district05

- I. Opening: Serenity Prayer, New to District, Introductions, Housekeeping
 - A. GSRs In person 8 Online 3
Voting Members 8 In person 2 Online
 - B. Brian: Motion to move secretary vote to beginning of meeting. Motion to nominate Christine.
Christine accepted. Unanimous vote, all in favor, none opposed.
 - C. Tradition 7 led by Randy. Next month (August), Tradition 8 led by volunteer Isaiah.
- II. Reports
 - A. Officers

DCM (Brian B.) Gay Chatter potluck, SNA potluck, ECR Conference. DCM meeting Area 74 7/7.

Alt. DCM (Kaufua X.): A big thank you to Gay Chatter for hosting the potluck in June.

Meeting Minutes Brian: Motion to approve last month's meeting minutes Randy: Second All in favor, none opposed

A. Treasurer (Moriah M.) Checking \$624.66 Savings \$516.45 Expenses reimbursed \$34.27 Randy: Motion to accept Treasurer's Report Isaiah: Second Motion passes by acclamation.
<https://app.fastmail.com/mail/Inbox/A-X5MikmilkZ.StnyOIE1JSN7/G7856a79d300b42e48dab8d412c4dd67af858b0cc?u=acb64040>

B. Committee Chair Reports

1. Back to Basics GSR (Nicole): Nothing to share.
 2. Monday night Big Book Study GSR (Dave) - Looking for potluck venue.
 3. Pacific Group GSR (John) - 1st Congregational Church Broadway 7 pm Thursday night. 3 speakers, 5 minutes each. Main speaker after break. Culvers after the meeting.
 4. There Is A Solution GSR (Robert) - Not present, no report sent in.
 5. Gay Chatter GSR (Joe) - Struggling with low attendance but numbers are improving recently. Attracting people from sober living house.
 6. Brown Bag GSR (Nellie) - Attracting sober house attendees.
 7. Flimsy Reed GSR (Joe) - Changed locations. Attendance remains similar. Attracting Sober House people. Yearly Singleness of Purpose conversation. Historically, no vote on motion. Starting 2nd meeting- a speaker meeting- likely Sunday evening, no separate GSR. Secretary (Lucas) worked hard to find new location.
 8. Freedom From Bondage GSR (Carrie) - Lower attendance in summer. Group conscience sparse. ECR Conference- hosted Hospitality Room and a meeting. Many members attended.
- Northside Ultimate GSR (Randy) - Attendance is up. Female participation numbers are up. Group is now 40 years old.

III. Old business

A. Review guidelines update - continue to get copies out before we vote on it. B. Send contact information to secretary@district05.org and dcm@district05.org

Monday night Big Book Study (Dave) - Will have meeting next Monday after regular meeting to discuss changes. On board. Northside (Randy) Sent to group members, will find out Sunday what people think.

There Is A Solution (Robert) - Motion to have Guidelines sent to all groups.

Freedom From Bondage (Carrie) - Everyone has read guidelines and says they make sense.

Flimsy Reed (Isaiah) - Everyone wants to trust the district with what they decide.

(District 5 PSI Chair (Kevin) entered meeting virtually.)

GSR (Brian) - Put date on vote? Randy- Vote next month. Isaih 2nd.

B. Brian- Update contact information through District 5 secretary. Stay connected with District. GSRs to email secretary with reports. Kaufua sent Christine's email. Will share drive access. Brian will share recovery account access with Christine.

IV. New Business

A. Brian- (to GSRs) your meeting, your district.

Isaiah- Do another step workshop. Plan it way ahead, take time. Bring it back to groups. Could invite speakers from other areas and districts. Kaufua will participate, Mariah and Christine as well.

Brian- Discussions of insurance- passed information to Intergroup. If Intergroup had a policy, smaller groups could be added to theirs.

Brian- GSO has acquired Everything AA app.

Brian- Focusing as a district on group safety from a 12 step mindset. It is our responsibility to keep our rooms safe.

Randy- Northside had an issue in the group regarding asking someone not to come. The responsibility of the group is to protect the majority of the group, especially if one individual is considered unsafe.

Nellie- Same issue at Brown Bag. Elder statesman will take an individual aside and explain making someone feel unsafe is unacceptable.

John- Would there be a need to network this info between groups?

Brian- Air other's dirty laundry doesn't sit right.

Nellie- It flies in the face of anonymity.

Robert- Have a sheet next to the coffee pot to contact the DCM if uncomfortable?

Nellie- Group Safety Cards

Kim (District DCM) Yellow safety cards are free.

Brian- Inquire with District DCM

Kaufua- Member came to her expressing concern that another member was inciting fear.

(Kaufua then exited meeting)

Hayley- What is new meeting guide? SNA begins with stating that if anyone is uncomfortable to see someone after the meeting.

Nicole- Reference safety cards at meeting to give direction and awareness of availability.

Nellie- Could be incorporated in meeting script.

Randy- How many meetings have scripts? (All groups raised their hand)

Isaiah- Our jobs as District members and sponsors is to watch for these things, and help other members with resentments and understanding what is harassment and be open to discussing uncomfortable subjects.

Brian- Zoom connection failed, lost ability to hear zoomers.

Brian- Be mindful of our responsibility to keep an eye out, and bring it back to our groups.

B. Recovery on the River update

Isaiah- Sign up sheets available. Hospitality room- suggestions for what to bring. Opportunities to donate supplies and money. A place for yearly fellowship, great speakers. Looking for better attendance. Passed around sign up sheet.

C. ECR update

Randy- Surprisingly small number of Eau Claire attendees. Unexpected expenses. 260 attended. Overall conference went well. Held at UW Davies. Facility did well. Clean. Well done. No complaints.

Brian- Continued zoom issues.

D. Brian- ADA Accessibility: No handicap accessible meetings listed in Meeting Guide app. Asked DCMs to edit listings. Weaver will be contacted to help. GSRs will inform him of changes.

End of Agenda.

Next month's meeting reports from GSRs, WICYPAA, CVIG, ECR, Recovery on the River

Nellie- Motion to close. Randy- 2nd.

V. Committee/Conferences A. WICYPAA: 2/19/2027-2/21/2027 in Green Bay, WI | www.wicypaa.com

B. CVIG C. Recovery on the River: 10/2/2026-10/4/2026 | www.recoveryontheriver.org | www.area74.org/2026-ecr

Next Meeting August 12th, 2026

Close with Responsibility statement: I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that, I am responsible.