

The District 05 View

SEPTEMBER 2026

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 9: *"A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve"*

DISTRICT 05 THE VIEW NEWSLETTER

Welcome to the District View newsletter. If you have any questions, event flyers or concerns, please send an email to: newsletter@district05.org

Contribute to the District View!!

I'm looking for people willing to share their experience with Steps 10, 11, or 12. Just a page (500 words or so) on your experience with that step. If you would be willing to write an article, please let me know at newsletter@district05.org so I can arrange and organize contributors. Thank you!!

Next District 05 of Area 74 Monthly GSR Meeting: Wednesday, September 9th @ 6:45PM

2nd Wednesday of each month. In-person and virtually.

Alano Club 12

2926 Pomona Drive Eau Claire, WI 54701

Zoom Meeting Id: 829 0126 1204

Password: district05

To learn about various agenda items and reports from Area 74, visit <http://district05.org>.

Member Share - Step 9

Step 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

I sometimes talk about traveling light in meetings. After all the time spent "out there" drinking and wreaking havoc on every area of my life, it is Step 9 that allows me to get release from all the burdens that I've been carrying on my shoulders. The cumulative load of carrying all of that weighed me down so I was only a fraction of the man I was designed to be. So often I hear people say, and the big book says that steps 4 and 5 are so vital that if we do not do a thorough enough job we may relapse. Many new people that persevered with the rest of the program relapsed and the thinking is they did not do a thorough enough house cleaning. I'm sure that is the case in many cases including my own. I don't know. Growing up Catholic I know what it's like to take an inventory and admit harms and faults to another person, but step 9 is what scared me. We get a very real freedom and release from our past blunders with this type of humility.

Time after time coming off a blackout the next day I found myself in a state of panic. What happened last night? Who did I see? Where did I go? As it says in the Big Book: A vision for you, page 151. "Then would come the hideous four horseman—Terror, Bewilderment, Frustration, Despair." Those were constant companions of mine once I totally lost control of my drinking. It is an awful way to live. It really only leads to death, insanity, or prison. I almost chose death until God intervened, and I landed in treatment and most importantly AA. One of the true benefits of the program is to be able to accept forgiveness from God, from people, and myself for the harms I've done to others.

Traveling light is all about making amends. It is clearing away the wreckage of my past and letting go and allowing God's spirit to permeate within me. It is such an amazing release and allows God's spirit to flow in my life. We were not meant to carry all that cumulative baggage from the past. Those loads get pretty heavy and they weigh us down. For me that led to depression, anxiety, anger, resentment, and self pity. A very ugly state of being that can bring us back to the bottle very quickly.

In Step 9 traveling light happened for me when I started the multi-year and even lifetime effort to make an attempt to right the wrongs of the past. I will share one experience here with a fellow AA I had recently. A couple years ago I started attending a meeting on a regular basis. A guy I knew from the program a few decades earlier was a regular attendee at the meeting. Much had changed in both of our lives over the years. Though our paths hadn't crossed in many years, I kept thinking about something that happened long ago, and I owed this guy an amend. It was a very delicate situation, but the guy didn't seem angry with me or anything. He had long since moved on himself. It was really bothering me every week. Whenever I saw him I immediately thought about the situation that happened so many years earlier. Well, I talked to my sponsor about it at length and I was hoping he would say "maybe you should just let that one go. You don't want to cause more harm." He did not say that. In fact he thought I should make the amend. Dang! But I knew he was right and it needed to happen. He said since you are both in the program maybe it will be just fine or maybe it won't but you will just deal with whatever happens. After the meeting one day I went up to him and mentioned what happened way back when. He knew what I was talking about right away. He went on to say, "you know I see you come in here for the past year and I often thought, does he remember or ever think about it or does he just not care". I told him I thought about it all the time, every time I saw him. We talked for a while and I asked if there was anything I could do to make things right, and he said no. In fact he said what you did didn't really impact the situation because it was already over. He showed nothing but grace to me when I deserved less. I needed to make this amend, though I didn't want to, and I almost passed on it because of what the big book says about dicey situations like this. It turned out to be a good thing for both of us. Now I see him, and I seldom think about it, and he has forgiven me and moved on as well. What I thought had the potential to be an explosive situation was a gift and because of it I can travel light.

If you want to travel light, make the list as Bryon B. so eloquently talked about last month, and then go ahead and start the process.

Jim F.
Washington, WI

District Events Calendar

Just click on an event to open the flyer for that event or visit the District 05 website for

updated event listings: <http://www.district05.org/calendar/>

2027 Event Flyers:

- March 5th 2027 : Club 12 Game Night (Eau Claire)
- February 5th 2027 : Club 12 Game Night (Eau Claire)
- January 1st 2027 : Club 12 Game Night (Eau Claire)

2026 Event Flyers:

- December 4th 2026 : Club 12 Game Night (Eau Claire)
 - November 6th 2026 : Club 12 Game Night (Eau Claire)
 - October 2nd-4th 2026 : Recovery on the River Jamboree (Eau Claire)
 - October 2nd 2026 : Club 12 Game Night (Eau Claire)
 - September 19th 2026 : Second Annual Skydiving Jump & Picnic (Chippewa)
 - September 12th 2026 : West. WI Traveling Potluck @ St Johns Luth (Eau Claire)
(See attached flyer)
 - September 4th 2026 : Club 12 Game Night (Eau Claire)
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ABOUT AA NEWSLETTER

About AA is the newsletter from the General Service Office of the U.S. and Canada for professionals in all fields who deal with alcoholics. This issue takes a look at A.A.'s "Singleness of Purpose". Thank you for subscribing to the G.S.O. Digital Delivery service! Click [here](#) for the current issue of About AA.

Treasurer's Report

Contact the treasure if you have questions or need reimbursement:

- treasurer@district05.org
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Carry the Message Behind the Walls – MEN'S AA Volunteers Needed

Are you—or someone you know—interested in bringing an AA meeting to incarcerated individuals? We currently have **openings for male AA volunteers** in two nearby county jails: Trempealeau County (Whitehall) and Buffalo County (Alma).

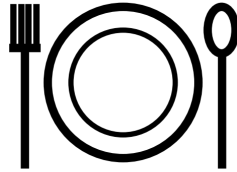
Contact Jim S. at 715-577-3432 for Trempealeau County and Kerry H. at 608-418-0308 for Buffalo County.

Concept 9 - “Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.”

The District Meeting Minutes and any Event Flyers are on the following pages.

Western WI. Traveling Potluck & Open Speaker Meeting

Hosted by the Monday Night Big Book Study Group



at

St. John's Lutheran Church

1804 Highland Ave, Eau Claire, WI 54701

SATURDAY, SEPTEMBER 12TH

Pulled Pork Provided!

Please bring a dish to pass!

Schedule of Events

3:30 PM — Treatment Panel

5:00 PM — Social Hour

6:00 PM — Potluck Supper

7:00 PM — Al-Anon Speaker: Jo H.

8:00 PM — AA Speaker: Paul H.

For more information contact Dave H at 715.577.7980

District 5 GSR Meeting Agenda

Wednesday August 12th, 2026 | 6:45PM – 8:15PM

Zoom ID: 829 0126 1204 PW: district05

I. **Opening:** Serenity Prayer, New to District, Introductions, & Housekeeping

- A. GSRs - In person: 8 Online: 1
- B. Workshop: Tradition #8 - Led by Isaiah
 - a. Tradition #9 in Sept. to be led by: Allie
 - b. Tradition #10 in Oct. to be led by: Matt

II. **Reports**

A. **Officers**

- 1. **DCM** (Brian B.): Attended Area 74 Meeting in July via Zoom. Difficulties with the audio but did stay logged in. Low attendance with approx. 10 in person. Concerns were brought up on whether or not it was worth it to rent a room out for one day at \$1000 for 10 people when it was offered via Zoom.
- 2. **Alt. DCM** (Kaufua X.): Our next potluck is scheduled for September 12th - hosted by the Monday Night Big Book Study. More information to come though we have confirmed that there will be a District 05 Workshop on the Treatment Committee.

During this last month, I ventured down to Whitehall and visited the Beautiful Morning Group and dropped off some flyers.

Monday Night Big Book Study	9-12-2026
Brown Bag	10-24-2026
Flimsy Reed	11-6-2026
Back to Basics	12-12-2026

- 3. **Secretary** (Christine): Unable to attend the meeting. Meeting Minutes had been distributed via email and in the newsletter.
 - 1. Isaiah: Motion to approve last months Meeting Minutes
 - 2. Second: Nathan
 - 3. Motion passes by acclamation

4. Treasurer (Moriah M.)

2025 BUDGET	STARTING	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	REMAINING
ADMINISTRATION	\$1,300	-\$77.92	-\$17.92	-\$17.92	-\$131.41	-\$17.93	-\$177.92	-\$60.00	-\$17.92					\$781.06
ALT. DCM	\$700				-\$92.20	-\$14.97								\$592.83
ARCHIVES	\$800	-\$324.95					-\$276.41							\$198.64
CORRECTIONS	\$1,500													\$1,500.00
CPC	\$250				-\$202.71		-\$34.27							\$13.02
DCM	\$700	-\$171.67			-\$180.72	-\$132.03								\$215.58
GRAPEVINE	\$360				-\$252.00									\$108.00
LITERATURE	\$400					-\$63.10								\$336.90
NEWSLETTER	\$25													\$25.00
PI	\$1,500				-\$847.88				-\$180.00					\$472.12
SPECIAL NEEDS	\$50													\$50.00
TREATMENT	\$1,200	-\$30.00		-\$110.00	-\$30.00	-\$691.87		-\$30.00						\$308.13
WEBSITE	\$750			-\$143.88		-\$552.00								\$54.12
	\$9,535													\$4,655.40

JULY 2026 REPORT

Beginning Balance	
CHECKINGS	\$917.96
SAVINGS	\$516.57
OUTGOING	
7/29/2026 PI : Reimburse Kevin L. - NWSF Tickets	\$180.00
8/12/2026 Admin : Zoom Payment	\$17.92
INCOMING	
7/8/2026 Dispute Refund	\$10.00
7/7/2026 7th Tradition Contribution	\$100.00
7/8/2026 7th Tradition Contribution	\$200.00
7/8/2026 94995	\$30.00
7/18/2026 83917	\$90.00
7/25/2026 223682	\$100.00
7/28/2026 39757	\$50.00
8/7/2026 781189	\$45.00
Ending Balance	
CHECKINGS	\$1,140.07
SAVINGS	\$516.75
0.20 INTEREST	

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7th Tradition Contributions* Contributions from groups without current Group ID #. Kaufua to forward Fellowship Connection to Moriah to get updated Group #s for reporting accuracy.

Discussion

- Question from Eric: Does District take contributions from individual AA Members?

- Kaufua: As previous Treasurer, we did accept a couple checks from individual AA Members including Birthday Contributions.
- Sue: Is there a top limit amount that we can accept? Such as with GSO, it is capped at \$5000. Is this something we should review for the District if not already?

Consensus to move this to new business for further discussion.

1. Matt: Motion to approve Treasurer's Report
2. Carrie: Second
3. Motion passes by acclamation.

B. Committee Chair Reports

1. **Corrections** (Nate): No word on women's meeting or in person men's meeting in trempealeau county jail, have a couple volunteers getting ready to go into Eau Claire county men's, a couple volunteers for Dunn and pepin county women's

Talk about getting into EC Juvenile Hall. No more information than that.

Discussion

- Isaiah: Are we still going to EC?
 - Nathan: Once a week.
 - Brian: At one point we were bringing multiple meetings into EC. Has something changed?
 - Nathan: Not that he's aware of.
2. **P.I.** (Kevin) - Nothing new to report. Has not met yet this month. Had another successful year at the fair about a month ago. 30 volunteers or so altogether. Booth staffed with 1 person for the entirety of hrs of operation. No call ins. Everyone that wanted a ticket, got one. Received reimbursement for tickets. Not as expensive as originally forecasted.
 3. **C.P.C.** (Eric) - Spoke to Dayton - Area Web guy - trying to figure out how to get business cards specifically for CPC. Thinking it would be a good idea. Hoping to get updated business cards made up to give out to businesses. Reached out to someone who is in the program but works for the county thru CPC- spoke to human services about having some kind of connection with AA. Contacted them

and they were interested in having someone come into Juvenile Detention. Referred to someone else and met with her last Wednesday - Molly & Martin - shared with them what AA is and what it isn't and trying to find out what they are looking for. They want AA and Al Anon and thought they were the same program. They had 2 meetings set up - one with AA and one with Al Anon . Jim is involved with the Finance Committee with the County and had brought the idea to Human Services. Jim asked Eric to sit with the Al Anon and Alateen meeting. Mostly interested in Juvenile Detention : seemed more like it fit better for the Corrections Committee. Can pass it over to Nathan otherwise would be happy to help with it.

Discussion

- Carrie: Are they looking for an actual meeting or information session?
- Eric: Looking for us to facilitate an AA meeting once a week. Was also informed that individuals in the long term program are allowed to go to meetings with AA members.
- Nicole: What are the requirements to get clearance to go in there?
- Eric: Had asked them 3 times and no answer. They basically asked for names and phone numbers of individuals that are interested.
- Brian: Speaking as an alcoholic, if we want to represent AA well, we should suggest that individuals who have crimes with children shouldn't apply.
- Nathan: Generally background checks are done for normal jails. Juvenile detention is essentially that for kids so assume there would be a background check completed. Would submitting names to them be considered breaking anonymity?
- Dave: What if we disclosed our background prior to application to help weed them out.
- Brian: Sometimes those experience have the most impact. Jails often allow criminals back in to do 12th step work. How can the District support you in this?
- Eric: Leave it up to Nathan on how we should proceed as he is Corrections Chair. Churches have gone in and have had to conduct background checks on them.
- Kaufua: Could we narrow down specific questions to present to them to help better define what they are looking for and how we can better serve them? Present something concise as we had initially struggled with Eau Claire County losing money when members signed up but didn't complete courses. I would hate to see something like this happen if we don't have specifics. As we talked about Alateen, because they work with minors, they have to take a very specific course to get certified.

- Eric: Willing to draft an email with clarifying questions which may help rather than just talking to them and asking.
- Sue: Would love to have the Treatment, CPC, and Corrections committee to get together to discuss the overlap. Generally with minors, they are not looking for traditional AA as they are minors. Would be willing to help since she has a background in education.
- Nicole: Be more concise with information needed as previously stated. Urgently wanting it before the school year but we don't have the information needed to make that happen. It would not be realistic to expect it to get going by the school year.
- Isaiah: Before sending the email with concise questions, it would be good to meet with Sue and Nathan with a direct plan. There could also be a contact with GSO to help guide or maybe another Area or District that may have experience with this.

4. **Treatment** (Sue) - Main responsibility is to schedule speakers for all four programs. There are 3 locations total but we count Arbor Place as two programs as one is for men and the other is for women. The locations include: Arbor Place, Affinity, and Farhman Center. Continued to support the Better Way Meeting by purchasing books though it is now technically its own meeting. Also just purchased a big book order of \$700 and have delivered them to all four programs. Also placed labels on the literature that state the literature is a gift from the District 05 AA Treatment Committee which also includes the District website. Hoping to create a little library for each center with books and supplies. Hoping to create a contact with each location to help resupply as literature gets low as it has been difficult to ensure what the needs are. Will also be hosting a workshop at the Traveling Potluck in September.

5. **Special Accessibilities** (Sara Lynn) - Had bimonthly meeting this month. Focusing on helping groups become more accessible and hoping to improve the Meeting Guide app to list what meetings are accessible. For example, the Gay Chatter has an elevator but does not currently list that it is wheelchair accessible. Trying to figure out the logistics about how to collect this information for all the meetings in District 05 whether that is reaching out to groups or creating a spreadsheet.

Also discussed creating a Geek Squad with members who can help set up Zoom for those that may have difficulty doing so. It was suggested we create a flyer and then provide it to the District to distribute.

Discussion:

- Isaiah: Would you prefer the GSRs report back to their groups now or wait to hear back from you first?
- **Sara Lynn: If GSRs or Groups are able to supply as much detail about your meetings accessibilities that would be great. We are mainly focused on figuring out if the meeting location is wheelchair accessible or has elevators but can go into as much detail such as having accessibility for hearing, etc.**

Please email any of this information to: specialneeds@district05.org

- Sara Lynn: Marybeth has been working primarily on Club 12's parking and making it accessible.
- Allie: Would this include door clearance, etc?
- Brian: Recently discussed this at his home group. There is a new member that works in architecture and building who was able to figure out specifics for accessibilities by looking at something. Would be happy to connect him with Sara Lynn.

III. Old business

- A. Review guidelines update - continue to get copies out before we vote on it.

Brian: Did we decide on voting the guidelines this month or do we hold off now with the discussion?

Kaufua: Per last meeting minutes, it was voted on and decided that we would make a vote at this month's meeting. Would we like to proceed with voting and amend later motions or wait until the amendments?

Patti: Wait to vote in after all amendments.

Consensus to Jump to New Business

IV. New Business

- A. Limit on contributions from individual members - Sue

- a. Sue reads current GSO Contribution Guidelines:

In keeping with AA's tradition of self-support, contributions from non-AA members are not accepted. Individual AA members' contributions to the General Service Board are limited to \$7,500

per year; there is no limit for A.A. groups. A one-time bequest in a will from a deceased member is limited to \$12,500.

1. Nathan: **Motion to approve GSO Contribution Guidelines into the District 05 working guidelines document.**
2. Allie seconds
3. Motion passes by acclamation

B. Patti: **Motion to amend in the District 05 Guidelines under Treasurer, Line 7 to read:**

“Issue thank you letters to groups *and individuals* upon receiving contributions.”

1. Matt seconds
2. Motion passes by acclamation

Whiplash back into Old Business

III. Old business

- A. Review guidelines update - continue to get copies out before we vote on it.
 1. Isaiah: **Motion to approve updated District Guidelines as reviewed with the added amendments that include GSO Contributions Recommendations and amendment to Treasurer, Line 7.**
 2. Nathan: Seconds
 3. Motion passes by acclamation

Jumped to VII. Open Mic (2 minutes each) Open sharing from general membership of District 05

- A. Allie: Brown Bag has a date for their Traveling Potluck | Oct 24th 11a-2p Taco Bar at the Alano Club | Panel on the 9th step promises | flyer still needs to be updated then will be distributed.
- B. Patti: Eleva Step Group now has an Alt. GSR. Will complete the form and return to Brian for updates.
 - a. Brian: Area 74 still needs a Registrar
- C. Brian: The District 05 PO Box received a letter from the Whitehall Meeting at the Gunderson Hospital with a dire request for literature and resources. Which committee would like to take this on?

- a. Nathan: Has attended this meeting before and is aware that their treasury is fully funded and are more than capable of ordering literature themselves. They may just not know how.
- b. Zach: CVIG is looking to donate literature. Can take a look to see what they can do.
- c. Kaufua: Will make a trip down there to make contact.

VI. Committee/Conferences

- A. WICYPAA: 2/19/2027-2/21/2027 in Green Bay, WI | www.wicypaa2027.com
 - a. Registration is on pause while they figure out their treasury but you can now book your room at their website.
- B. CVIG : Zach looking to get clarification on the insurance discussion and requests Brian's presence at the next CVIG meeting on the 4th Wednesday of each month at 6PM.
 - a. Brian: Quick clarification: District can't put their name on insurance but intergroup is run like a business so they can put their name on for insurance. The District would be on as a rider.
- C. Recovery on the River: 10/2/2026-10/4/2026 | www.recoveryontheriver.org
 - a. Isaiah: Hospitality Sign Up Sheet was distributed at last month's meeting. Any questions, reach out.

Nathan motion to close the meeting | Isaiah seconds

Next Meeting: September 9th at 6:45PM

Close with Responsibility statement: I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that. I am responsible.