

District 05
Traveling Potluck
Hosted by The Brown Bag

**When: Saturday October
18th, 2025**
**Where: Alano Club 12 Big
Building**
Time: 11am-2p

Panelists:

Helen, Luke G.
Jenni L., Chris K.

Panel with 4 wonderful panelists

Topic: Navigating Relationships

AA Big Book Pg. 62 Selfishness- Self-centeredness That we think is the root of our troubles.

Each panelist will speak on their journey regarding specific relationships.

Homemade Hot Beefs and Chips will be provided
Please bring a dish to pass, any sides or deserts.
11am Lunch
12pm Panel with Q & A at the end
Fellowship and clean up to follow